

(UNFORTUNATE SKIN THING)

WE DON'T WANT IT, DIDN'T ASK FOR IT, NOT GOING TO TAKE IT.



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WHAT'S REALLY GOING ON WITH YOUR SKIN?



REASON 1

This is why.



REASON 2

This is also why.



REASON 3

And this is also why.

HOW TO MAKE YOUR SKIN MAKE A COMEBACK



STRATEGY 1

This is how.



STRATEGY 2

This is also how.



STRATEGY 3

And this is also how.

TECH + TREATMENTS TO FIX

TREATMENT 1

Cool tech stuff.

TREATMENT 2

Cool skin stuff.

TREATMENT 3

More cool tech stuff.

TREATMENT 4

More cool skin stuff.

TREATMENT 5

Cool tech stuff AND cool skin stuff.

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- INGREDIENT 1
- INGREDIENT 2
- INGREDIENT 3
- INGREDIENT 4

ACTIVE ACNE

BREAKOUTS HAPPEN, BUT THEY DON'T HAVE TO STICK AROUND.



TECH + TREATMENTS TO FIX

LASER + LIGHT THERAPY

Targets bacteria and inflammation for clearer skin.

CHEMICAL PEELS

Exfoliates clogged pores and speeds up cell turnover.

RADIOFREQUENCY (RF) MICRONEEDLING

Reduces breakouts and improves skin healing.

HYDRAFACIAL

Deep clean pores while infusing acne-fighting serums.

STEROID INJECTIONS

Quickly shrinks inflamed cystic acne.

MEDICAL-GRADE EXTRACTIONS

Safely removes stubborn blackheads and whiteheads.

PHYSICIAN-GRADE SKINCARE

Safely removes stubborn blackheads and whiteheads.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



HORMONAL HAVOC

Hormonal shifts (stress, periods, pregnancy, menopause) spike oil production, causing jawline and chin breakouts.



CHRONIC STRESS

High stress means high cortisol, which inflames skin, increases oiliness, and slows healing—a perfect storm for stubborn acne.



SKINCARE + LIFESTYLE SLIP UPS

Harsh products, clogged pores, bad habits—add poor sleep, diet, and pollution, and your skin rebels.

HOW TO KEEP IT FROM MAKING A COMEBACK



SKINCARE THAT MEANS BUSINESS

Retinoids, exfoliating acids, and lightweight hydration keep pores clear and your skin drama-free.



KEEP HORMONES IN CHECK

Stress, junk food, and sleepless nights? Yeah, your skin notices. Balance your lifestyle, and your face will thank you.



STAY ON TOP OF TREATMENTS

Chemical peels, lasers, and deep-cleaning facials keep breakouts from making an unwelcome comeback.

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COLLAGEN BANKING

START EARLY. AGE GRACEFULLY.



TECH + TREATMENTS TO FIX

FRACTIONAL LASER RESURFACING

Fractional laser boosts collagen, refines pores, and evens tone while keeping downtime minimal.

MEDICAL MICRONEEDLING

RF energy stimulates collagen production, thickening skin and making vessels less noticeable.

RADIOFREQUENCY (RF) MICRONEEDLING

Combines microneedling with radiofrequency to deeply stimulate collagen and tighten early laxity.

ULTRASOUND + RF SKIN TIGHTENING

Uses ultrasound or radiofrequency energy to firm skin and stimulate deep collagen production for long-term elasticity.

COSMETIC INJECTABLES

Biostimulatory fillers that work beneath the skin to trigger natural collagen synthesis over time.

PHYSICIAN-GRADE SKINCARE

The ultimate powerhouse for collagen banking.

SIGNS IT'S TIME TO START BANKING



EARLY FINE LINES + WRINKLES

If you notice small lines starting to form, especially around the eyes, mouth, or forehead, it's a sign.



LOSS OF ELASTICITY

When your skin starts to feel less firm or slightly saggy, it's a good time to stimulate collagen production before it becomes more noticeable.



UNEVEN TEXTURE OR TONE

If you're seeing rough patches, dullness, or age spots, preventative treatments can help even out your complexion and maintain a youthful glow.

HOW TO KEEP IT FROM MAKING A COMEBACK



LAYER THE RIGHT TREATMENTS

Combine microneedling, RF technology, and biostimulatory injectables (like Sculptra) to stimulate collagen at multiple skin depths for long-term results.



COMMIT TO GOOD SKINCARE

Use physician-strength retinoids, vitamin C, and growth factors daily to maintain collagen production between treatments.



FUEL COLLAGEN FROM WITHIN

Prioritize a protein-rich diet, collagen peptides, and essential nutrients like vitamin C, zinc, and amino acids to support skin regeneration.

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RETINOIDS

VITAMIN C

PEPTIDES

HYALURONIC ACID

ENLARGED PORES

PORES? YES. CRATERS? NO. THEY MAY BE A FACT OF LIFE, BUT THEY DON'T HAVE TO STEAL THE SPOTLIGHT.



TECH + TREATMENTS TO FIX

LASER RESURFACING

Boosts collagen and tightens skin, reducing pore size.

MEDICAL MICRONEEDLING

With or without radiofrequency (RF), microneedling stimulates collagen for firmer, smoother skin.

CHEMICAL PEELS

Exfoliates deep, clears congestion, and improves texture.

INTENSE PULSED LIGHT (IPL)

Targets sun damage and excess oil to improve skin tone and texture.

PHYSICIAN-GRADE SKINCARE PRODUCTS

Retinoids, exfoliating acids, and niacinamide keep pores clear and refined.

MICRO BOTOX

Targets sun damage and excess oil to improve skin tone and texture.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



COLLAGEN LOSS

As skin ages and loses firmness, pores lose structure and start to slack, making them look bigger.



EXCESS OIL + DEBRIS

Overactive sebaceous glands and buildup from makeup, pollution, and dead skin stretch pores over time.



SUN DAMAGE

UV exposure weakens skin's elasticity, making pores less able to snap back into shape.

HOW TO KEEP IT FROM MAKING A COMEBACK



RETINOIDS + EXFOLIATION

Keep 'em tight with powerhouse ingredients that boost turnover and stop gunk from settling in.



OIL CONTROL LIKE A PRO

Slick skin stretches pores—lightweight skincare, in-office treatments, and maybe a little micro-Botox keep things under control.



SUNSCREEN ALWAYS

UV damage wrecks collagen, making pores look bigger. Slather on SPF like your skin depends on it—because it does.

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RETINOIDS

NIACINAMIDE

AZELAIC ACID

SALICYLIC ACID

HAIR LOSS + THINNING

BECAUSE A STRONG HAIRLINE IS THE ULTIMATE POWER MOVE.



TECH + TREATMENTS TO FIX

LASER + LOW LEVEL LIGHT THERAPY

Fractional resurfacing and red light therapy that energizes hair follicles, extends the growth phase, and thickens strands over time. No downtime, just science at work.

PLATELET-RICH PLASMA (PRP)

Your blood, but make it high-tech. We extract growth-factor-packed plasma and inject it into your scalp to wake up dormant follicles and boost hair regrowth.

EXOSOMES

Think of this as PRP's more advanced cousin. Exosomes are tiny cellular messengers that supercharge follicle repair and stimulate new growth.

MICRONEEDLING WITH GROWTH FACTORS

Tiny needles, big results. This stimulates collagen production and increases the absorption of serums packed with peptides and stem cell factors for stronger, fuller hair.

HAIR FOLLICLE TRANSPLANT

For those who need a more permanent fix, follicular unit extraction (FUE) or transplantation moves healthy follicles to thinning areas for natural, lasting results.

WHAT'S REALLY GOING ON WITH YOUR SKIN?

HORMONES + GENETICS



Androgenetic alopecia lets DHT shrink your follicles until they tap out. But science can shut it down.

AUTO-IMMUNE DRAMA



When your immune system overreacts, your hair pays the price (think alopecia areata or scalp irritation). The fix? Calm the chaos and rebuild.

NUTRITIONAL DEFICIENCIES



Low iron, vitamin D, or protein? Your hair will throw a fit. Stress? It kicks strands out early. Balance is key, and so are targeted treatments.

HOW TO KEEP IT FROM MAKING A COMEBACK

BLOCK DHT



Stop hair's biggest enemy with prescription blockers (finasteride, dutasteride) or DHT-fighting topicals like saw palmetto and caffeine.

FEED YOUR FOLLICLES



Hair thrives on iron, vitamin D, biotin, and protein. A nutrient-rich diet and supplements keep strands strong.

STIMULATE GROWTH



PRP, exosomes, microneedling, and laser therapy keep follicles active and extend the growth phase.

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MINOXADIL
FINASTERIDE/DUTASTERIDE
PEPTIDES
SAW PALMETTO

REDNESS + FLUSHING

REDNESS? BROKEN CAPILLARIES? WE'RE ON IT. LIKE A RESET FOR YOUR SKIN'S HEALTH.



TECH + TREATMENTS TO FIX

LASER + LIGHT THERAPY

Intense Pulsed Light (IPL) and vascular lasers target and collapse visible blood vessels, reducing redness.

RADIOFREQUENCY (RF) TREATMENTS

RF energy stimulates collagen production, thickening skin and making vessels less noticeable.

MEDICAL MICRONEEDLING

Boosts collagen to strengthen the skin barrier and improve overall tone.

CHEMICAL PEELS

Mild peels (like lactic or mandelic acid) can calm redness and reduce pigmentation.

PRESCRIPTION SKINCARE + INJECTIONS

Topical anti-inflammatories or neuromodulators (like Botox) can minimize flushing by relaxing blood vessels.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



WEAKENED CAPILLARIES

Years of sun exposure and environmental damage break down blood vessel walls, making them more fragile and visible.



COLLAGEN LOSS

As skin thins with age, underlying vessels become more noticeable, leading to persistent redness.



CHRONIC INFLAMMATION

Rosacea, lifestyle factors (like alcohol or spicy foods), and repeated irritation trigger blood vessel dilation and long-term redness.

HOW TO KEEP IT FROM MAKING A COMEBACK



SHIELD + DEFEND

Daily SPF is non-negotiable. UV exposure weakens capillaries, making redness worse. Pair it with antioxidants like vitamin C for extra protection.



DITCH THE TRIGGERS

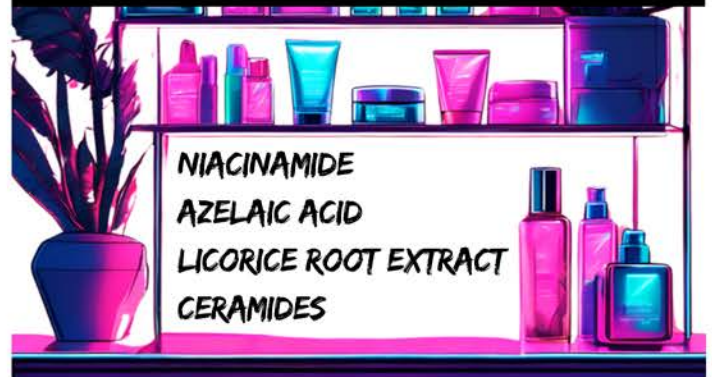
Hot showers, spicy foods, excess alcohol, and harsh skincare can set off flare-ups. Keep it cool (literally) and stick to gently, soothing products.



STRENGTHEN FROM WITHIN

Support your skin barrier with hydrating, anti-inflammatory ingredients like niacinamide and ceramides. The stronger your skin, the less likely it is to show redness.

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NIACINAMIDE
AZELAIC ACID
LICORICE ROOT EXTRACT
CERAMIDES

ROUGH TEXTURE

IF YOUR SKIN FEELS MORE LIKE SANDPAPER THAN SILK, IT'S TIME FOR A REFRESH.



TECH + TREATMENTS TO FIX

FRACTIONAL LASER RESURFACING

Uses targeted energy to smooth, tighten, and regenerate skin.

MEDICAL MICRONEEDLING

Stimulates collagen and accelerates skin renewal for refined texture.

CHEMICAL PEELS

Exfoliate dead skin, boost collagen, and reveal smoother skin with customized acid blends.

INTENSE PULSED LIGHT (IPL)

Targets sun damage and discoloration while refining skin texture.

RADIOFREQUENCY (RF) MICRONEEDLING

Combines microneedling with RF energy for deep skin remodeling.

DERMAPLANING

Removes dead skin and peach fuzz for a silky-smooth finish.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



SLUGGISH CELL TURNOVER

Dead skin cells don't shed as efficiently with age, leading to buildup, dullness, and an uneven surface.



COLLAGEN DROP-OFF

Aging steals your skin's bounce, leaving it rough and crepey.



UV DAMAGE + LIFESTYLE

Sun exposure, stress, and dehydration break down your skin's structure, fast-tracking texture issues.

HOW TO KEEP IT FROM MAKING A COMEBACK



POWERHOUSE SKINCARE PRODUCTS

Drugstore creams won't cut it. Medical-grade products pack the punch your skin needs to stay smooth, hydrated, and fresh.



PRO-LEVEL TREATMENTS

Peels, lasers, microneedling—because your skin deserves more than a basic scrub. Regular treatments keep roughness in check and collagen on point.



SPF + SMART CHOICES

Sunscreen isn't optional. UV damage is the fastest way to wreck your texture. Stay hydrated, eat right, and protect your investment—your skin will thank you.

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RETINOIDS

NIACINIMIDE

HYALURONIC ACID

SCARRING

EVERY SCAR TELLS A STORY, BUT THAT DOESN'T MEAN YOU HAVE TO REREAD IT EVERYDAY.



TECH + TREATMENTS TO FIX

FRACTIONAL LASER RESURFACING

Think of this as a controlled skin reboot. It resurfaces, smooths texture, and triggers fresh collagen without frying your face.

MEDICAL MICRONEEDLING

Tiny needles, big results. Jumpstart collagen production, breaking up scar tissue and rebuilding smoother skin.

KERALASE FOR HAIR LOSS (YES, FOR SCARS TOO)

Growth factors aren't just for hair—they also help remodel scarred skin, improving texture and tone.

COSMETIC INJECTABLES

Not all skincare is created equal. These physician-dispensed formulas are loaded with actives that speed up cell turnover and keep scars in check.

CHEMICAL PEELS

Chemical peels that don't play around. These high-powered exfoliators fade discoloration, smooth uneven skin, and leave behind a fresh canvas.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



INFLAMMATION GONE ROGUE

When acne, injuries, or burns push skin into overdrive, collagen production goes haywire - either too much (raised scars) or not enough (indentations).



BAD HEALING HABITS

Picking, scratching, or otherwise bullying your skin delays healing and invites scarring to stay rent-free. Hands off the face.



GENETICS PLAYING DIRTY

Some people bounce back with baby-smooth skin, while others scar like it's their full-time job.

HOW TO KEEP IT FROM MAKING A COMEBACK



HANDS OFF, ALWAYS

"Just one little squeeze" turns a minor issue into a permanent souvenir. Keep your hands to yourself.



SUN BLOCK IS NON-NEGOTIABLE

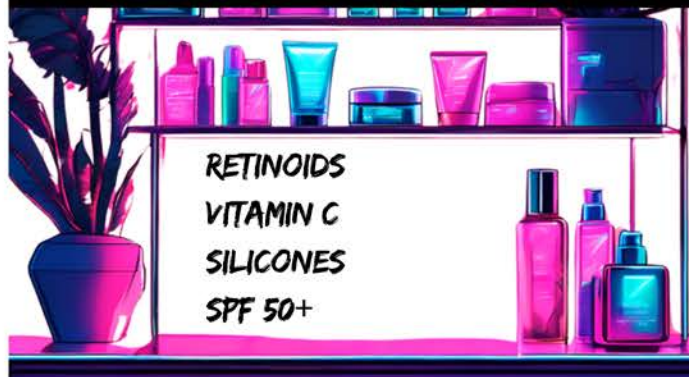
UV rays love to darken scars and slow healing. Slather on a legit SPF every morning unless you want to keep that mark forever.



COLLAGEN IS KING

Microneedling, laser resurfacing, and physician-grade skincare keep your skin regenerating like a boss. Because prevention is easier than correction.

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SUN DAMAGE

YEARS OF FUN IN THE SUN SHOULDN'T LEAVE YOU WITH A COMPLEXION THAT LOOKS WEATHERED.



TECH + TREATMENTS TO FIX

LASER RESURFACING

Targets deep layers to stimulate collagen production, reduce pigmentation, and smooth fine lines caused by sun damage.

CHEMICAL PEELS

Exfoliate the skin's surface to remove sunspots, improve texture, and encourage new skin growth.

MEDICAL MICRONEEDLING

Stimulates collagen and elastin production while helping to reduce sunspots and improve skin texture.

INTENSE PULSED LIGHT (IPL)

Targets pigmentation issues like age spots, sunspots, and redness, leaving skin brighter and more even-toned.

HYDRAFACIAL

Deep cleanses and infuses skin with hydrating antioxidants to repair and protect from further damage.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



UV RADIATION

UVA rays penetrate deep into the skin, causing premature aging and wrinkles, while UVB rays damage the outer layers, leading to burns and pigmentation.



CUMULATIVE SUN EXPOSURE

Repeated exposure without protection leads to skin damage over time, causing collagen breakdown and pigmentation changes.



TANNING BEDS

Intense sun exposure leads to DNA damage, inflammation, and increased risk of skin cancer.

HOW TO KEEP IT FROM MAKING A COMEBACK



DAILY SUNSCREEN

Apply broad-spectrum SPF 30+ every morning (even on cloudy days) and reapply every 2 hours when outdoors. Look for a formula that also protects against UVA and UVB rays.



PROTECTIVE CLOTHING + SHADE

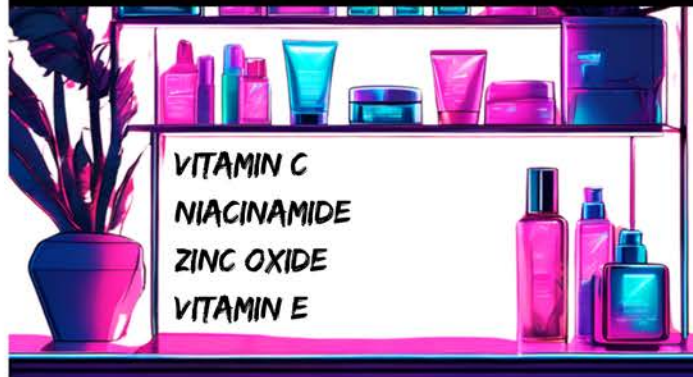
Wear wide-brimmed hats, sunglasses, and long sleeves to shield your skin. Stay in the shade during peak sun hours (10 a.m. - 4 p.m.).



ANTIOXIDANT SKINCARE

Use skincare with antioxidants (like vitamin C, E, and niacinamide) to neutralize free radicals and protect against UV-induced skin damage.

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VITAMIN C
NIACINAMIDE
ZINC OXIDE
VITAMIN E

UNEVEN TONE

FRECKLES ARE CUTE... BUT SUNSPOTS? NOT SO MUCH. TIME TO CLEAR THEM UP.



TECH + TREATMENTS TO FIX

CHEMICAL PEELS

Out with the old, in with the new. Peels dissolve dull, damaged skin to reveal a brighter, more even complexion.

FRACTIONAL LASER

When pigmentation won't take the hint, fractional lasers step in to break up discoloration and boost collagen.

BBL + IPL DEVICES

Zap away dark spots and redness with intense light pulses that tell pigmentation to pack its bags. Bonus: It also gives your skin that airbrushed finish.

TRANEXAMIC ACID INJECTIONS

Stubborn melasma? These targeted injections shut down excess pigment production and keep your skin on its best behavior.

MEDICAL MICRONEEDLING

Your own platelet-rich plasma (PRP) fuels collagen and evens out tone, giving your skin that lit-from-within radiance. Because science is sexy.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



SUN DAMAGE

UV rays trigger melanin overload, leaving behind stubborn dark spots and uneven tone.



HORMONAL SHIFTS

Pregnancy, birth control, or just life's natural shifts can send pigment production into overdrive.



INFLAMMATION

Breakouts, irritation, or skin trauma can leave behind discoloration that overstays its welcome.

HOW TO KEEP IT FROM MAKING A COMEBACK



SPF 50+ LIKE IT'S YOUR ARMOR

If you skip SPF, dark spots move in rent-free. UV rays don't take a day off—protect your skin or regret it.



STAY ON THE BRIGHT SIDE

Peels, lasers, microneedling—because your skin needs more than a scrub. Stay smooth, stay firm.



KEEP IT CHILL

Picking, scrubbing, or overheating your skin invites pigmentation back. Stay gentle and keep your temper cooler than your iced coffee.

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VITAMIN C

RETINOIDS

TRANEXAMIC ACID

WRINKLES + FINE LINES

FINE LINES, DEEP CREASES - NO THANKS! WE ARE HERE TO RESTORE YOUR YOUTHFUL FULLNESS.



TECH + TREATMENTS TO FIX

FRACTIONAL LASER RESURFACING

Simulates collagen, smooths texture, and improves elasticity.

MEDICAL MICRONEEDLING

Improves texture and fine lines by promoting collagen production.

ULTRASOUND-BASED SKIN TIGHTENING

Stimulates deep collagen production for lifting and firming.

BROADBAND LIGHT (BBL) + IPL

Primarily for pigmentation but can stimulate collagen to soften fine lines.

COSMETIC INJECTABLES

Neuromodulators (Botox, Dysport, etc.) smooth dynamic wrinkles by relaxing facial muscles.

CHEMICAL PEELS

Enhances skin turnover and smooths fine lines.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



SUN DAMAGE + SABOTAGE

Sun, pollution, and bad habits gang up on your skin, breaking it down faster than it can repair itself.



EXPRESSION OVERLOAD

Years of squinting, smiling, and frowning? Those lines aren't going anywhere without a little intervention.



COLLAGEN CRASH

Your skin's scaffolding (aka collagen and elastin) weakens over time, leaving it saggy and lined.

HOW TO KEEP IT FROM MAKING A COMEBACK



STAY ON THE RETINOID TRAIN

Keep collagen production high and cell turn over strong with medical-grade retinols.



SHIELD + DEFEND

Daily SPF of 50+ is your best anti-wrinkle weapon - UV damage is the fastest way to undo your results.



KEEP UP THE PRO TREATMENTS

Regular maintenance with Botox, lasers, or microneedling keeps lines from creeping back in.

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