



POST-TREATMENT CARE GUIDE

LASEMD ULTRA

THE YOUNG EXPERIMENT
(971) 600-8736



DAY # INSTRUCTIONS

- 0** No makeup, workouts, or sweating.
Gently cleanse with cool water only.
Avoid touching your face.

PRODUCTS

Hyaluronic Acid Only

- 1** Hydrate constantly.
Keep skin cool, calm, and fragrance-free.
No active ingredients (*retinol, AHAs, BHAs*).

PRODUCTS

Morning

Hyaluronic acid
SPF 75+

Evening

Gentle cleanse
Hyaluronic acid
Moisturizer

- 2-3** Same rules as Day 1.

PRODUCTS

Morning

Gentle cleanse
Hyaluronic acid
Moisturizer
SPF 75+

Evening

Gentle cleanse
Hyaluronic acid
Moisturizer

- 4-7** Ok to resume regular workouts.
Ok to resume active ingredients, as advised.
Broad spectrum SPF 30+ sunscreen daily.