



## CONTACT

✉ [jason@efboost.com](mailto:jason@efboost.com)

🌐 [efboost.com](http://efboost.com)

## What Sets EF Boost Apart?

- ✓ Innovative Approach
- ✓ Holistic Solutions
- ✓ Customized Strategies
- ✓ Measurable Results

## Contact Us

# JASON STARZEC



### Executive Functioning & Leadership Coach

Jason Starzec is an Executive Functioning coach with decades of experience, helping professionals improve organization, reduce stress, and manage deadlines. He has degrees in Applied Behavioral Science and Adult Education, along with 27 years of corporate experience at companies like Groupon and MarginEdge. As a certified practitioner in Executive Function and ADHD, he aids individuals in enhancing focus, prioritization, and routines. Jason also conducts corporate workshops to help clients transition from stress to calm, aiming to empower them to achieve their goals through effective techniques and personalized support.

## Meet the Minds Behind Your Success

### Sales Strategy & Execution

Jason is a seasoned sales leader with a proven track record of driving revenue growth. He helps organizations develop and implement effective sales strategies, from lead generation to closing deals.

### Leadership Development

Jason empowers leaders to inspire and motivate their teams. He focuses on developing essential leadership skills such as communication, decision-making, and emotional intelligence.

### Business Operations

Jason helps organizations improve operations, increase efficiency, and achieve strategic goals by providing practical solutions to enhance productivity & reduce costs.

### Sales Enablement

Jason equips sales teams with the tools, training, and resources they need to succeed. He focuses on improving sales performance and increasing revenue.

### Work-Life Integration

Jason understands the importance of balance and provides strategies for managing work and personal life, reducing stress, and increasing overall well-being.

