



## CONTACT

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## What Sets EF Boost Apart?

- ✓ Innovative Approach
- ✓ Holistic Solutions
- ✓ Customized Strategies
- ✓ Measurable Results



## Contact Us

# OLIVIA RUSSELL



### Strategic Performance Consultant & Leadership Coach

Olivia Mitchell Russell specializes in helping professionals enhance their executive functioning skills to drive leadership performance, productivity, and organizational success. With over 18 years of experience in project management and leadership development, Olivia offers customized coaching that empowers individuals to improve their time management, strategic planning, and decision-making. Her collaborative, data-driven approach ensures that clients develop actionable strategies to achieve their goals with confidence and clarity.

## Meet the Minds Behind Your Success

### Organizational Change

Olivia is a skilled change management consultant who helps organizations navigate complex transformations. She guides teams through change initiatives, minimizing disruption and maximizing results.

### Process Improvement

Olivia helps organizations identify and eliminate inefficiencies in their processes. She uses data-driven approaches to improve performance and reduce costs.

### Strategic Project Management

Olivia is an expert project manager who leads complex projects from start to finish, ensuring timely delivery, budget adherence, and high-quality standards.

### Leadership Development

Olivia helps leaders inspire their teams by developing key skills like communication, decision-making, and emotional intelligence.

### Digital Transformation

Olivia helps organizations leverage digital technologies to improve their operations, enhance customer experiences, and drive growth.