



REIKI at the Sherman Oaks Library!

About

Come learn about REIKI and experience the flow of REIKI energy!

The whole person - Body, Mind & Spirit - possesses great wisdom of self-healing. Often, however, this wisdom is compromised due to stress, poor diet, environmental toxins, no exercise, or little time dedicated to relaxation. The result may be unhappiness, illness, or dis-ease.

REIKI, the Usui System of Natural Healing, is the subtle yet highly effective art of recreating balance and harmony so that the innate wisdom of the whole person is awakened and healing is possible. REIKI is easy to learn and simple to do. You can learn it too!

Deborah Dovitch, MA, is a REIKI practitioner & Master Teacher with over 30 years' experience . She has given lectures, demonstrations, and taught classes throughout Southern California. She also has a private practice.

For **ADA accommodations**, please call (213) 228-7430 at least 72 hours prior to the event.

When

Saturdays
February 7th, March 7th
and April 4th from
11:00 a.m. - 12:30 p.m.

Where

Sherman Oaks Branch
Los Angeles Public Library
14245 Moorpark St.
(818) 205-9716

