



## Complimentary Golf Swing Speed and Power Video Analysis Instructions

- Capture your full golf body-motion on video using an iPad or cell phone.



- Shoot your golf body-motion videos from three body angles... the 'front' view (facing the camera), the 'back' view (back facing the camera), and from the 'down-the-line' view (right shoulder facing the camera if you're a right-handed golfer... or from the left shoulder facing the camera if you're a left-handed golfer).



**NOTE!** Hitting a golf ball when capturing your golf body-motion video is preferred but optional.

- Take 'two' full golf swings from all three body angles.
- 'Email' your golf body-motion videos for full analysis to: [Paul@CallawayGolfFitness.com](mailto:Paul@CallawayGolfFitness.com) using one of the options described [→HERE←](#)... Or simply 'text' your videos to: (630) 567-7572
- Dr. Callaway will email your golf body-motion analysis, swing speed and power screening report back to you within 48-hours.
- Dr. Callaway will also schedule a brief (10-15 minute) follow-up consultation over the phone, FaceTime/Skype with you to discuss your report and recommend training options for you to consider to most effectively improve your golf body-motion, golf swing speed and power.