

Healthcare from you home

Dr. Ambler is now using telehealth, or virtual appointments, to reduce the risk of potential viral transmission. Now you can have a consultation from the comfort of your own home.

What you will need

- A working laptop or computer
- A fully charged device and access to power
- An internet connection
- Your email address
- A well-lit space so Dr. Ambler can see you
- A quiet and confidential space to reduce distractions
- Headphones that connect to your device for clear audio and to protect your privacy

Join a virtual appointment with Dr. Ambler from your computer

1. Five minutes before your appointment, open the email invitation for our Webex Meeting
2. Select the **Join** link in your email invitation
3. Your web browser will open a web page that will show your meeting information
4. Enter your information
5. Click Join Meeting

Connect to audio and video

1. Choose your audio connection
2. Set your video preference to video on
3. Join the meeting by selecting Connect Audio and Video

If you need help connecting your audio or video, you can message Dr. Ambler in the chat window. Otherwise, he can be reached at 650-815-6127 or christian@christianambler.com