

Healthcare from you home

Dr. Ambler is now using telehealth, or virtual appointments, to reduce the risk of potential viral transmission. Now you can have a consultation from the comfort of your own home.

What you will need

- A working laptop, tablet, or smartphone with a front camera
- A fully charged device and access to power
- An internet connection
- Your email address
- A well-lit space so Dr. Ambler can see you
- A quiet and confidential space to reduce distractions
- Headphones that connect to your device for clear audio and to protect your privacy

Join a virtual appointment with Dr. Ambler from your computer

1. Select the Join link in your email invitation
2. Your web browser will open a web page that will show your meeting information
3. Enter your information
4. Click Join Meeting

Connect to audio and video

1. Choose your audio connection
2. Set your video preference to video on
3. Join the meeting by selecting Connect Audio and Video

Join an appointment from your mobile phone or tablet

1. Download the **Webex Meetings** app from the Google Play Store or Apple App Store
2. Five minutes before your appointment, open the Webex Meeting invitation and click 'join'
3. Enter your name and your email address
4. Tap the green phone icon to connect your audio. Pick to call in or call over the internet
5. Tap the video icon
6. Tap Start My Video

If you need help connecting your audio or video, you can message Dr. Ambler in the chat window or text him at 650-815-6127.