

rock! They desire no harm whatsoever towards us. So, don't worry and feel that you are doing "something wrong". At the very least, that this crystal made its way to you, love and be thankful for your treasure and enjoy it. That's positivity and goodness for you and the world right there!~~>



SUN

Place in the morning east facing sun (is best) or just morning sun for 5 minutes to an hour to all day and even for days if you wish. Amber, turquoise, pearl, lapis, malachite, and other soft stones under a 4 hardness are not good in full sun because they are soft, porous, or organic and can fade or crack over time.

MOON/EARTH

Place in the earth or on the earth under new or full moon (beams do not have to shine on stones). You can dig a hole if you want and put it in the earth and cover up overnight under a full moon.

If no earth is accessible, you can bury in a pot on a porch or balcony in a new or full moon.

WATER

Place in a glass bowl with saltwater using rock, Himalayan, Celtic or sea salt. 2tsp to 3 cups water. Do not soak soft stones like amber, turquoise, pearl and matte finish jaspers because they will disintegrate over time (stones with 4 or less hardness is not recommended in salt water but regular water for short periods is ok).

You can hold under cool running water any stone and if a quartz crystal point, have the point directing towards the drain.

If placing in the rain, it will clear and energize in a thunderstorm. You may then decide to leave it out until the sun shines. Either way works.

In the ocean, hold in a mesh bag for your own predetermined time.

HERBS

Pass stone through the wafting smoke of a sage wand or stick.

You can also burn a sage wand from room to room walking in a clockwise direction of the house and room. Intend and say over and over again "all negativity must leave, only goodness will remain." With *negativity* you can mention the specific unwanted energy and for *goodness* do the same by mentioning the energy to be present in the space. End with "And so it is" or something similar to make manifest the intended setting/outcome/feeling/reality.

ENERGY

Reiki, Chi, Prana, Orgone, is all the same Energy that animates life. It is the energy of the universe. Directing and intending life force energy to enter and stay in the field of the stone for good use is another way to supercharge your crystals. Reiki, for example, only goes where it is needed and cannot be used for ill purposes. Your thoughts are energy and create with intention and can be worked with on the crystals as well.

SOUND

Tingsha Bells and Crystal Bowls output specific creative and harmonious frequencies that will neutralize lower frequencies. The resonant sound permeates the energy fields of everything around it and is a source of information whereby the higher frequencies prevail.

Utilizing sound is an excellent way to clean and clear large stones that can't be moved easily, fragile pieces that cannot withstand other cleaning methods and in places where there are many stones for example in a store, in a personal collection or outside in nature.

PHYSICAL CLEANING OF THE STONE SURFACE and JEWELRY METAL

Polish Cloth- Using a silver polishing cloth is the best way to shine the jewelry. Do not rub the stones with the cloth especially stones with a hardness under 4 (turquoise, pearl, opal, amber). The stone will darken absorbing the polish due to the porous and soft nature.

Paste/Liquids-For tough to remove tarnish on the silver, you may use a silver polish paste made by Blitz. It is never recommended to ever submerge the stones or jewelry in liquid cleaners. Usually only gold and diamonds and stones with hardness above 7.5 can withstand the liquid cleaners. Obsidian is not responsible for any damages to jewelry or stones if cleaned in liquid.

Water-Aurora Crystal, titanium quartz and drusy's can be run under cold water and the stone gently scrubbed with a soft toothbrush IF the shine dulls (due to oils from fingers).

AVOID-To preserve the natural beauty of your stones and jewelry, DO NOT allow hairspray, perfume, makeup or regular soap and water on ANY of the jewelry or stones. Do not leave it in direct air conditioning or constant sun every day for long periods.

Storage-For *jewelry* not worn often, it is best stored in a jewelry box, drawer, individual Ziploc baggies, velvet, satin, cotton bag or wrapped in fabric.

All *stones* can remain out if you follow the Avoid recommendations above. But if you desire to store them, wrapped in a fabric or brown paper is best. If stones are kept out in the environment, they will over time crack or fade due to the natural weather cycles and slight temperature extremes (to them it's slight compared to being inside the earth). It takes a long time but does happen.

Thank you for reading about caring for your stones and jewelry! Let me know if you have other questions or suggestions! Leigh

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