



# Lindsey Cormack

## Author, Professor, Parent



### Synopsis:

No one likes how our politics feels or functions.

This will not change, and our politics will not be better unless parents act. For a variety of reasons explored in this book schools are not up to the task.



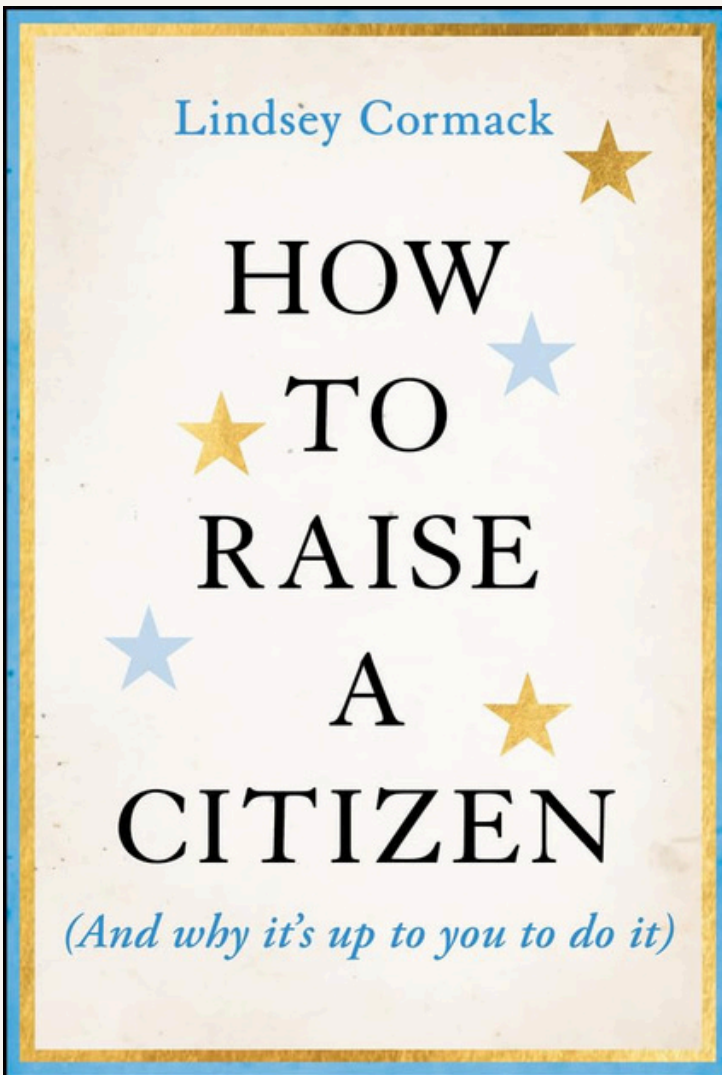
Younger voters are the least likely to participate, because they are not taught how politics and government work. It's not fair and our politics & government won't change for the better until more people understand how the systems work. It's up to parents to change our trajectory.

But...

A lot parents feel like they don't know enough about politics and government or how to have conversations. Many were were told talking about politics was impolite and never got the practice or information to feel ready to parent in a different way.

Part 1 of the book explores the roots and stakes of the problem, and shows why parents must be willing to take this challenge on.

Part 2 shows how to do that.



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# Advance Praise for How to Raise a Citizen (And Why It's Up to You to Do It)

"With democratic engagement at a critical juncture, this book serves as a guide for parents striving to fill the gaps left by formal education systems in political and civic understanding.

This book provides practical strategies to help parents pass on the foundational knowledge every young adult should have before stepping out into the world in order to be as powerful as possible. More importantly, it emphasizes the skill of engaging in respectful, informed discussions, a key component of democratic participation."

**Dr. Dolly Chugh, award-winning psychologist and the Jacob B. Melnick Term Professor at the Stern School of Business at New York University**



"Lindsey Cormack makes the never-more-essential task of civics education come alive in this passionate and non-partisan how-to manual for inspiring our kids about the possibilities of democracy. Bonus point: It doubles as a master-class for parents, as well. Our politics might be brutish, and too many Thanksgiving dinners have been ruined by red vs blue food fights. But what Cormack understands is that democracy dies in silence, and that parents need to do this job because no one else will. Follow her advice and something important will be fun, get your kids talking, and maybe inspire them for life. Our national conversation starts with you."

**David Daley, best-selling author of Unrigged: How Americans Are Battling Back to Save Democracy**



## Author Bio

Lindsey Cormack is an associate professor of Political Science and Director of the [Diplomacy Lab](#) at [Stevens Institute of Technology](#) in Hoboken, New Jersey. She created and maintains the digital database of all official Congress-to-constituent e-newsletters at [www.dcinbox.com](http://www.dcinbox.com). Her first book was [Congress and U.S. Veterans: From the GI Bill to the VA Crisis](#).

She earned her PhD in Government from New York University and is raising a daughter on the Upper East Side. She currently serves as the Secretary for Community Board 8.

Her research has been published in Political Behavior, Congress & the Presidency, Legislative Studies Quarterly, Political Science Research and Methods, American Politics Research, Politics & Policy, Politics Groups & Identities, Politics & Gender, The Journal of Gender Studies, Energy Economics, The Legislative Scholar as well as in popular outlets including the New York Times, The Washington Post, FiveThirtyEight, ProPublica, Roll Call, The New York Post, NBC News, the LSE USCentre, and The Hill, The Conversation, The San Francisco Chronicle, and more.



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