

## **Aftercare Instructions**

- **Brows**—Day 1: Immediately after procedure, blot Brows with paper towel every few seconds until paper towel is free of any lymph/blood for a consistent of 1 hour. Keep dry and clean for rest of the day.
- Days 2-5: wash brows 2X a day (AM/PM) for 4 days. Splash brows with luke warm water (this helps break down dried lymph/blood fluids). Apply mild soap (*CETA*) and wash gently with clean finger tips using medium pressure, in a circular motion. Splash cool water to completely rinse/remove soap. Gently pat dry with non linty paper towel. Apply Balm—this application is also done 2X a day for 4 days after washing & drying.
- Balm: Apply AFTER INKED with clean fingers after washing and drying with mild soap. Apply a VERY thin layer
  (1 rice grain per brow is sufficient for brows). Start at the head then smear through the tail with medium
  pressure. \*Please continue to blot with paper towel to further dry out brows if needed.
  - \*Day 6 and onward, please allow brows to dry out ...until all dry skin have naturally flaked off.
  - \* Do not use any strong soaps, creams, acne cleansers or astringents for lifetime on Brows.
  - ---Eyeliner—straight after procedure: Please press and blot eyeliner with paper towel every couple minutes until paper towel is not absorbing any more blood or lymph. Please keep eyeliner clean & dry for at least 3 days thereafter. If needed, use microbrush with water (by dabbing) to clean Eyeliner, then blot with non-linty facial tissue/paper towel to dry. Repeat steps if necessary.
  - ---Lips—Please keep lips clean and dry for 3 days, then ointment/moisturizer can be applied thereafter. Avoid salty foods directly on Lips for 7 days. \*Neutralization of Lips would need to avoid (at least 2 months) of excessive sun exposure.
- Physical Activities: No extreme exercising, sweating, Bathing (quick Showering is ok with warm water), or recreational water activities until PMU are fully healed. \*Keep pores tight!!! Please DO NOT use any Hot presses on them.
- **Dry skin:** Please do not pick or peel off. Allow it to naturally flake off.
- Makeup: Do not use makeup on/near the tattooed area for duration of healing for at least 14 days.
- **Sun block**: Sun block should be used after the area has healed to protect from sun fading. Sun block on brows & lips when in the sun will help a longer retention span of pigment. (Day 20 and onward-brows & lips)

## Signs & Symptoms:

**Swelling**: Mild swelling, itchiness, tightness of the skin may occur during the healing process. If needed, a dry cold press provides a nice relief as well as usage of aftercare balm.

\*\* Any excessive swelling, redness, extensive tenderness of the procedure site-red streaks going from procedure site towards heart may be signs of an infection-if so, please seek medical help.

## What is Normal:

- Appearance: Too dark/light or slightly unevenness can occur once flaking starts between 6-10 days. It takes up to 4 weeks for facial skin to fully retain back to "normal" & also for pigment to fully oxidize/develop and show its true color underneath the skin.
- Follow Up: If a follow up is needed, an appointment to do so is heavily advised within 8-12 weeks of initial procedure. Brows Follow up rate of \$150 is good up to 6 months from day of initial procedure. \*Follow up session for Eyeliners & Lips included within 6 months with initial paid Full Rate.
- Pigmented Brows/Eyeliner/Lips: Lasts 2- 4 years...
  - \*\* Failure to follow up after care instructions may result in infections, pigment loss or discoloration.
  - \*\* Some Brow Pigments may appear "warm" looking for the first few days.

Signature of acknowledgement:	Date:
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