



Yolanda Navarra Fleming (1969),
Cue the Welcome Music, 2023, 36" x 12,"
Mixed-media collage and acrylic on canvas.

While practicality isn't always seen as an artist's most recognized personality trait, New Jersey abstract expressionist painter and mixed-media artist, Yolanda Navarra Fleming, feels it's one of her strong suits.

When we set out to find out what kind of art she makes and why, she redirected our focus to talk about art in the home and office.



green LIFE NJ: When and why did you start making art?

YNF: Making art has always been how I have defined myself. Whether it's been through writing stories, making music, dancing, or crafting pottery and mixed-media collage, art has always been my greatest and most important self expression. In 2017, I began losing myself in painting, and have been working in this medium ever since. Suddenly it felt necessary to exercise my intuition this way.

gLNJ: How important is artwork when it comes to decorating?

YNF: It's essential. It most definitely enhances the environments that we live and work in.

gLNJ: Decorating with art doesn't come easily to everyone. What are your recommendations?

YNF: Art is so uplifting and inspiring. Even one beautiful piece of original art in the home and office makes an enormous difference with how we feel and operate on a daily basis.