



Great Lakes Bay Animal Society  
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**MEDIA ASSETS:** <https://glbas.org/media-1>

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**Great Lakes Bay Animal Society Announces  
The 8th Annual Fast and Furriest 5K Run/Walk  
Our Biggest Fundraiser of the Year is going Virtual**

Midland, MI – Great Lakes Bay Animal Society is hosting the 8th annual Fast & Furriest *VIRTUAL* 5K Run/Walk with your dog at Midland City Forest on October 9, 10 and 11, 2020. This year participants have a choice of three days to run/walk the trail at Midland City Forest OR they can "Do the 5K Your Way" and choose their own favorite 5K course. This is a family-friendly and kid-friendly event and the trail is stroller-friendly. Participants may run or walk, with or without their dog(s). Children 6 years of age & under, with a paid adult, run/walk for FREE. Race results can be uploaded on our website and MEDALS will be awarded to the winners for each division: male/female 5K run/walk without dogs and run/walk with dogs.

**Dates: October 9, 10 and 11**

The Midland City Forest Trail will be set up for the entire weekend **starting Friday on/after 5 PM until Sunday at 12 PM.** This time frame allows us to avoid a large group congregating at one time and honoring the 100-person limitation set by the City Parks & Recreation department. That means participants can run/walk their 5K at any time, any of the three days.

**Location: Midland City Forest, 2840 E. Monroe Road, Midland, MI US 48640**

**Online Race Registration: <https://runsignup.com/Race/MI/Midland/FastFurriest5KRunWalkand1MilePupLap>**

Early registration is \$25 through October 4. Long sleeve event t-shirts, a doggie bandana and other goodies will be guaranteed to those who register by September 27, 2020. After October 4 the registration fee increases to \$35 and participants may register at Midland City Forest on any of the following event days (when GLBAS volunteers are present): Friday October 9, 5pm-7pm, Saturday October 10, 8am-12pm, Sunday October 11, 8am-12pm.

**Donations:** For those who cannot participate in the 5K run/walk, they may choose to donate and support our mission of rescuing abandoned, neglected and unwanted animals in the Great Lakes Bay Region. GLBAS is a 501(c)(3) non-profit companion pet rescue.

**Sponsors:** The Fast & Furriest 5K is sponsored by numerous local businesses throughout the Tri-Cities. A listing has been included with press release and may also be found on our website event page: <https://glbas.org/fast-%26-furriest-5k>

**For more information** about the race, registration, Covid-19 guidelines or donations visit our website: <https://glbas.org/>

**About Great Lakes Bay Animal Society**

Proceeds from this special fundraiser directly benefits Great Lakes Bay Animal Society's mission of providing quality veterinary care for animals in transition to their forever homes. GLBAS is an all-volunteer organization. We rescue abandoned pets out of over-crowded area shelters and foster them in Volunteer Pet Guardian homes. From intake to adoption our rescues' needs are responded to with compassionate foster care, skilled veterinary care, vaccines and are spayed/neutered. Our Foster Families' personal knowledge of our animals enables them to find compatible families, assuring a forever home. Great Lakes Bay Animal Society is a 501(c)(3) Non-Profit Companion Pet Rescue.

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