



Manhattan Fall 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<b>8:15 AM</b> 1010 Park Ave Manhattan [Alexander]		<b>8:15 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>8:15 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>8:15 AM</b> 1010 Park Ave Manhattan [Alexander] [Lancelot]	
	<b>9:30 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>9:30 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>9:30 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>9:30 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>9:30 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>9:30 AM</b> 1010 Park Ave Manhattan [Lancelot]	<b>9:30 AM</b> 1010 Park Ave Manhattan [Barbara]
	<b>11:00 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>11:00 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>11:00 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>11:00 AM</b> 1010 Park Ave Manhattan [Alexander]	<b>11:00 AM</b> 1010 Park Ave Manhattan [Alexander]		<b>11:00 AM</b> 1010 Park Ave Manhattan [Barbara]
		<b>12:15 PM</b> 1010 Park Ave [Lancelot]		<b>12:15 PM</b> 1010 Park Ave [Lancelot]			
			<b>5:30 PM</b> 1010 Park Ave Manhattan [Alexander] [Lancelot]				

Book class online: [www.bestworkoutbarrenone.com](http://www.bestworkoutbarrenone.com)

1010 Park Ave, Manhattan

## Locations

**Manhattan Ballet & Movement  
Center**

1010 Park Ave, Manhattan

**Hampton Ballet Theatre School**

213 Butter Lane Unit J,  
Bridgehampton

**The Bridgehampton Presbyterian  
Church**

(house behind the church) 2429  
Main St. Bridgehampton

## Cancellation Policy

Email us at

[bestworkoutbarrenone@gmail.com](mailto:bestworkoutbarrenone@gmail.com)

24-hrs before the start of class.

Late fee is the price of booked class.

## Class Price

**In-Studio Class at Manhattan Ballet  
School**

Cash: \$45 or Venmo: \$50

**In-Studio Class at Hampton Ballet  
Theatre School and The Bridgehampton  
Presbyterian Church**

Cash: \$50 or Venmo: \$50

**Live Stream**

\$20