

Clarity Session: Where To Start...

£247 | 90–120 minute online session + written summary

"There's too much in my brain."

"I make plans but I don't follow them."

"Everything feels like a priority, so I do nothing."

If you recognise any of these, this package could be perfect for you.

What you get:

- ◆ 1.5–2 hour strategy session to assess what's actually going on
- ◆ Clarity on what to stop, fix and focus on
- ◆ Your own Reset Plan shaped to how you work
- ◆ Optional task layout suggestion
- ◆ Follow-up check-in to keep momentum going

What you'll walk away with:

- ◆ A quieter brain
- ◆ A clear plan
- ◆ Tools that feel right for how you think
- ◆ Less chaos, more progress

Not ready for a full reset?

Try The Reset Hour - 60 minutes to get unstuck and take your next step with confidence.