Concierge Services

Integrative Assessment and 1hr personalized Sessions-\$80-120

We will review your needs and co-create a whole-person healing session utilizing various modailities which may include Aromatherapy, Healing Touch, Reflexology, Ear Seeds and Relaxation practices. Allow for 90 minutes

Ear Seeds Application Session-\$50

We will perform auricular diagnosis and create a custom ear seeds protocol with 3-5 points on each ear.

Your choice of vaccaria, 24k gold, titanium or crystal ear seeds. 6 treatment bundle- \$200

Health and Wellness Coaching - \$75

Integrative Nurse Coaching sessions to meet your health and wellness goals virtually or as a meditative walk around a local park.

Wellness gatherings - \$200 for up to 6 people

Treat yourself and your family, friends, or team to holistic wellness. Choose from Ear seeds, Healing Touch or Reflexology to share the gift of wellbeing! Mini education followed by hands on treatment, all inclusive.