

Family Fun Days at Itchen College Southampton – Easter 2022

On Tuesday 19th April, CM Foundation and CM Sports delivered their fourth family fun day event working in partnership with Itchen college and Computer Xplorers for adults and children aged 0 to 12 years. Our programme was designed to support families to experience fun events with enriching activities which support the development of resilience, character and wellbeing along with an educational value for the whole family. At our family fun day, we have incorporated a range of activities, health eating and fun experiences to support children which also gives them the opportunity to spend time quality time with adults in the family in a fun, social environment with a hot meal included, will allow the whole family a chance to have a great time before they go back to school. As part of the HAF project, the families were able to access signposting information about organisations locally to for the whole family.



Some of the Feedback from the families:

- Abby – “Excellent day, wide range of activities for all ages. Friendly, welcoming staff – great day – thank you 😊”
- Kelly – “Excellent day. Clay was the favourite part”
- Fahimeh – “I am very happy and I can say everything was perfect. Thank you for arrangement food and entertainment.”
- Kira – “I like playing on the circus bikes but my favourite is the drums.
- Debbie – “My son has really enjoyed all the activities today. Great having farm animals. Thanks very much, food was delicious 😊”
- Kayden – “My daughter’s favourite thing is creating things to wear – so she loved making all the jewellery – bracelet, necklaces, wand. We don’t have a garden so enjoyed spending time together outside. Fruit Kebabs were handy for the children wanting to eat snacks. The remote control cars were super cool. Enough activities to keep a very neurodivergent 5 year old occupied. Wish she’d let me have a look at the computer stall. Also, animals, circus skill tricks – really impressed. I was anxious about the children being overwhelmed or bored and happy to report neither. Really pleased to see ‘MIND’ team here for people. The team were excellent with children and adults too!”
- Bonny – “Brilliant time, Children love it”
- Femi – The kids enjoyed themselves! They enjoyed the outdoor activities and said the lunch and pudding was lovely 😊”
- Laura – “Kids had a great time doing all activities. It’s a nice touch with free lunch too. Will come back if it’s on again.”

