

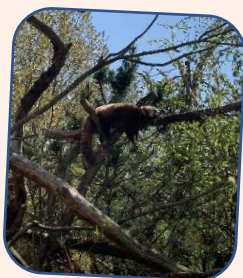
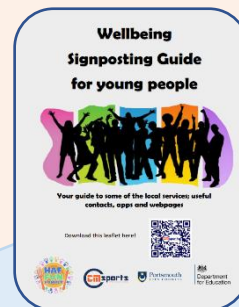
The reasons behind the project!

CM Foundation designed & delivered a project especially for young people from 3 days over the Easter holiday. We continued our aim for this project to support young people to experience events & enriching activities which support the development of resilience, character & wellbeing along with an aspect of educational value. Using a minibus, we were able to take the young people to a range of local places whilst providing a WOW moment in their lives. Throughout these projects we have started to create a bond with the young people and we are getting the young people returning to the events but bring along their friends!

We run between 10am to 3pm. The days included:

- Street cooking/ Escape Room
- Marwell Zoo
- Street cooking/ Bowling

The impact of the pandemic on young people, especially the FSM students, has been huge and their personal, social and emotional development has been affected. Through the HAF project we were able to give young people the opportunity to try new things, meet new people, go to new places and enjoying a healthy meal in a social environment. It's very challenging for all families with household bill going up with the lack of finances and domestic stresses arising, some families are unable to get help or know where to go. Through our HAF project we have also been offering signposting to local organisations for the young people and their families.



Comments from the young people:

Bram – "I've enjoyed being with my friends and taking part in all the activities"

Lucas – "Making the street meals"

Jevin – "Going to the Zoo and making the street food"

Ashton – "I enjoying eating the street food"

Kali – "I've enjoyed being part of the project"

Tom – "I enjoyed doing the street cooking and bowling"

Varum – "I've enjoyed helping others"

Jess – "The opportunity to meet new people"

Euan – "I enjoyed creating the street food"

Scarlet – "I enjoyed going to the Zoo"

Heidi – "Fun to walk around the Zoo with friends and learning to cook"

CM Youth Day FREE events for Easter Holiday 2022

Wednesday 13 th April	Wednesday 20 th April	Thursday 21 st April
Street Cooking & Escape Room	Marwell Zoo Trip	Street Cooking & Bowling

11am to 3pm with the following a small drop in and refreshment point at Southampton Community Centre

Book at cm-sports.co.uk online looking for Family Activities

FREE project for young people to receive 10 meals to school meals, secondary school aged in the Portsmouth area 01472022

