

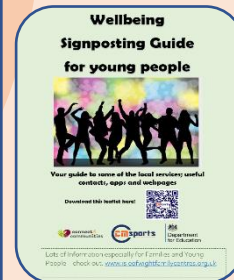
The reasons behind the project!

CM Foundation designed & delivered a project especially for 40 young people on Tuesday 12<sup>th</sup>, Wednesday 13<sup>th</sup>, Wednesday 20<sup>th</sup> and Thursday 27<sup>th</sup> April. The aim for this project was to support young people to experience events & enriching activities which support the development of resilience, character & wellbeing along with an aspect of educational value. Using a minibus, we were able to take the young people to a range of local places whilst providing a WOW moment in their lives.

We run between 10:30am to 2:30pm. The four days included:

- Street cooking
- Water Sports - Wight water

The impact of the pandemic on young people, especially the FSM students, has been huge & their personal, social & emotional development has been affected. Through the HAF project we were able to give young people the opportunity to try new things, meet new people & enjoying a healthy meal in a social environment. It's very challenging for all families with household bill going up with the lack of finances & domestic stresses arising, some families are unable to get help or know where to go. Our HAF project also offers signposting to local organisations for the young people.



Comments from the young people:

One word to describe the food you have cooked:

“Scrumptious”

“Nice”

“Yum!”

“Michele was friendly”

“It was a fun experience!”

Water sports

“Brilliant fun!”

“I really enjoyed this - I would do it again!”

“I liked going out together on the water.”

**CM Youth Day events for Easter Holiday 2022**  
Free project for young people in receipt of benefits related to school meals secondary school aged on the date of event 2022

Tuesday 12 <sup>th</sup> April	Wednesday 13 <sup>th</sup> April	Wednesday 20 <sup>th</sup> April	Thursday 27 <sup>th</sup> April
STREET COOKING	NIGHTWATER ADVENTURE WATERSPORTS	STREET COOKING	NIGHTWATER ADVENTURE WATERSPORTS

10am to 2pm every day, including a meal and snacks  
Mini Bus Drop off and collection points at outside Medicine College

Book at:  
cm-sports.co.uk  
online booking  
Teen Holiday Activities  
email: saan@cm-foundation.co.uk