



On Monday 21st February 2022, a group of young people from Portsmouth took part in a HAF project funded by Portsmouth HAF. CM Foundations' programme was designed to support young people to experience events and enriching activities which support the development of resilience, character and wellbeing along with an aspect of educational value. We developed transport links for young people who can't access due to mobility issues and create a range of day trips using CM Sports minibuses, at a range of different places some local to them whilst others will provide a WOW moment in the young people's lives. On this programme, they took part in an interactive cookery with John from John Pound's Centre. Creating pancakes and making enough mixture to take home! After a 2-course home cooked meal, the young people took part in bowling in groups, working together, supporting each other and using mathematics skills (don't let them know!) whilst having a great time!

Here is some of the feedback from the young people:

"I enjoyed bowling, it was fun and flipping pancakes" - Kali

"I enjoyed bowling because it felt competitive and fun" - Euan

"The best part was street cooking with John but the whole day was brilliant" - Joshua

"I enjoyed the bowling" - Lucas

"I like how the advance cooking skills John has. The Mac 'N' Cheese was delicious but the pancakes was good with the topping. The bowling was good because I won!" - Jevin

"I enjoyed the food and the bowling" - Varun

"I enjoyed the bowling. It was a lot of fun!" - Scarlet

