## PRAYERS FOR INTENTIONS

### FOR THE SUFFERING

Dearest Lord Jesus, please send healing love to those who are suffering in body, mind or spirit. Please guide their doctors, nurses and caregivers to help them make their way back to health and strength. Let all of us find trust and solace, please, in renewed faith. And thank you, Lord, for allowing us to be instruments of healing and hope for others, through prayer in your holy name. Amen.

### FOR THE DEAD

Gentle Jesus, in your infinite mercy please take to heaven the souls we most love and miss. We cannot fully understand the mysteries of life and death, but we do know that God is love and that union with God is joy. Please ease us through our grief, helping us remember that peace and eternal life with you is assured to all who believe. We ask this in your sweet name. Amen.

# FOR FRIENDS, TO MARY

Saint Mary, holy Mother of Our Lord and our Mother, please intercede for our loved ones and friends who are ill or injured, troubled or grieving, alone or afraid. Please keep them calm and safe from harm; help them feel comforted by the certain love and promises of your beloved Son, in whose name we pray. Amen.

# FOR THOSE IN DISTRESS

Heavenly Father, Christ our Brother, Advocate who is our dearest Friend, we ask that you look with mercy upon those most in need of your love at this darkest time. Please hold us close, easing minds and hearts, so that we may reach out to your light with faith and confidence. In the name of the Holy Trinity we pray. Amen.

#### A COMMUNION PRAYER WHEN YOU CAN'T BE THERE

Dear Jesus, I receive you into my being as surely as when I may next taste the Eucharist, because I know you and love you with all my heart. Please stay with me and strengthen me. I am yours. Amen.

#### PRAYER AFTER COMMUNION

Dear Lord Jesus, nourish my soul as you nourish my body. Help me become more like you, keeping my heart and mind open to the graces of the Holy Spirit. Please be with me throughout the day and hold me close to you at night. Thank you for living and dying for me, Lord. I love you. Amen.

#### TRINTY PRAYER

Father, Brother, dearest Friend, Love that will not—cannot—end: Help me always keep in mind I need but ask; Your will, not mine. I need but listen, strive to see all the good accorded me. Help me pray. Help me attend, Heavenly Father, Brother, Friend. Amen.

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