

Eyebrows After-Care Instructions

Please read all aftercare instructions to make sure you can commit to this brow journey, especially for the first 7-10 days. Failure to follow these instructions may result in pigment loss!

- **Proper after-care is very important of the long term success, effectiveness, and overall satisfaction with your new brows. It is very important to follow these instructions in order to achieve the best possible results from your permanent makeup procedure. Included here are general permanent makeup after-care instructions that will help limit any infection or problems, and assure a healthy and successful healing as quickly as possible.**

Valid for ALL BROW SERVICES.

- DO NOT TOUCH the healing pigmented area with your fingers. They may have bacteria on them to create an infection!!!
- NO BOTOX for 4 weeks before and after procedure!
- Stay out of steam rooms, saunas, swimming pool (Including chlorinated pools or Jacuzzis, the ocean, or recreational bodies of water) for one week following procedure.
- Avoid excessive sweating/exercise, sun, tanning beds and hot yoga for 1 week post procedure. (Sweat will prevent pigment from healing into the skin and we remove tattoos with saline, sweat is saline.)
- Avoid gardening and limit contact with animals near your face.
- Avoid makeup on pigmented area for 1 week, including non-allergenic makeup. If you MUST wear makeup apply it around the area with clean fingers. Brushes and Blenders Harbor Bacteria. That is an infection waiting to happen.
- No waxing or tinting brows.
- DO NOT use products containing AHA's on or near pigmented areas including glycolic or lactic acids or Retin-A products, Peroxide, or Neosporin (they will fade the pigment)
- Avoid products containing Aloe Vera, Vitamin E during healing time.
- Do not donate blood for one year after the procedure, per Red Cross.
- Use a broad spectrum sunblock after area has healed to slow fading.
- Do not scrub or pick your eyebrows!!

If you've never had micro-pigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. Temporary side effects from micro-pigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness. You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. After the initial procedure the color maybe a shade too dark. Your skin is red under the pigment which causes the pigment color to appear darker. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed, because the color will come from the dermal layer of the skin to the epidermal layer of the skin. Please be patient. Healing takes up to 30 days. In your next appointment more hairs can be added to make them perfect.

PLEASE WASH YOUR HANDS WITH ANTIBACTERIAL SOAP BEFORE YOU WASH YOUR EYEBROWS.

Day 1

- **CLEAN THE AREA every 30 MINUTES FOR THE FIRST 4 HOURS** to remove lymphatic fluid (use a clean cotton disk, dampened with bottled water and wipe off the existing ointment on your brows). Pat dry with a clean tissue and then apply a very thin coat of healing ointment provided by Beyond iBrows at the time of your service.

For the first 24 hours, lymph fluids may surface of the brow and it is very important NOT allow this to accumulate and harden on the surface of the skin!!!

For the first 72 hours, avoid any contact with water other than the dampened cotton disk used for cleaning.

Day 2-10

- Repeat these steps 2-3 times daily for the next 7-10 days. Discontinue after peeling has completed.

After 72 hours, you may use gentle cleanser with your fingertips to wash the area. Pat dry with clean towel or tissue.

It is very important NOT to PICK, SCRATCH, OR REMOVE any scabbing that may occur. If a crust/scab appears on the pigmented surface, DO NOT FORCE THE REMOVAL BY PICKING, SCRATCHING, OR WASHING!!! PIGMENT MAY BE REMOVED ALONG WITH THE CRUST and CAN CREATE POTENTIAL FOR SCARRING!!!

The procedure area may have some peeling on or around the third day. This is normal part of the healing process on some clients.

The brows will start off dark and will flake over the ten days. Once the brows have flaked, it takes another few weeks for the colored area to heal. It takes at least one follow-up for desired results. Yearly touch-ups are normally required depending on how well your skin holds ink.

- **SHOWERING**

Shower with your back to the water to keep water, shampoo, and conditioner from getting into the pigmented areas. Have a light application of lubrication on the pigmented area during showers. Limit your shower time to 5-10 minutes.

WHAT TO EXPECT?

These are just estimates on when they will happen considering everyone's skin is different, But the expectations are the same.

- Day 1-3

The eyebrows are approximately 20-25% bolder and darker in width than they will be when healed. Expect light to moderate swelling and redness. The skin's redness causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.

- Week 1

Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.

- Week 2

The skin begins to flake, peeling from the outside edges first.

- Week 3

Color finishes flaking off and appears softer and grayer for a few days until color clarifies.

- Week 4

The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.

- Week 5-8

The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

Follow up appointment MUST be scheduled 6-8 WEEKS after the initial procedure.

CLIENT NAME _____

CLIENT SIGNATURE _____ DATE _____

