

Lips permanent makeup procedure aftercare

Day 1

Lips will ooze for a couple of days. It is very important to remove the lymph from the surface of the skin in order to avoid scabbing. Right after the procedure clean the lips with cotton (use clean bottled water) every 30min until bedtime. After each wash apply thin layer of A&D ointment.

Lips may appear to have too much color in the days following the procedure.

Day 2 and Day 3

Wash with cotton round and apply ointment on the lips 3-6 times during the second day. Do not let the lips dry!

During Day 1 to Day 7 or even longer (until the scabs are gone):

Lips may be tender at first. Drink through a straw. Choose foods you can place in your mouth with a fork without touching your lips.

Do not excessively stretch lips while they are healing with big smiles, or pucker lips with smoking

AVOID big water sources on the PMU area, excessive sweating, no sauna, and no pools!

Don't put any makeup on after the treatment. You might cause an infection or otherwise damage the tattoo.

Avoid biting or licking your lips as much as possible, and make sure no food or drink stays on there.

Take care not to expose your face to the sun for about two weeks after you get your tattoo. The sun will fade the pigment, which is still settling into your skin. Even after the tattoos have healed, be consistent with applying sunscreen to those areas of your face, to avoid fading.

Do not use laser hair removal or photo-facial too close to pigmented area.

If you get COLD SORES or have ever had one in the past, you WILL need an antiviral prescription from your doctor (Acyclovir or Valtrex). Physician usually instructs to start 3 days before your lip procedure for a 7-10 day course.

Or Lysine which is sold over the counter. I suggest starting it a week before the procedure and continue taking it 2 weeks after the procedure.

Keeping lips moist daily will lengthen the time the pigment will last...everyone heals different.

DO NOT PICK/PEEL the scabs (it can cause scarring)!!!

During 4 weeks after the procedure is best to avoid creams that contain acids or ingredients that will lighten or exfoliate the skin.

Sometimes the lips can bruise even after the procedure, don't worry, the bruising will go away within couple of hours.

What to expect During Healing (Lips)

Day 1

o Swelling, tender, heavy thick lipstick look with a reddish brick color affect. For the first few days, the color is darker than it will appear when healed.

Day 2

o Slight swelling, reddish and tender with a slight metallic flavor.

Day 3-4

o Less swelling, thicker texture, sore, hot feeling before exfoliation with an orange color affect.

o Exfoliation begins, very chapped lips. The color will become lighter as the epidermis sloughs off. It will appear that you have lost all of your color, however, when your lips have healed completely, the dermal layer will gradually become darker.

Day 5

o Very chapped but almost finished with first chapping stage.

Day 6

o A soft rich color begins to appear.

Days 7-21

Day 14

o Color blooms from within more and more each day until day 21.

Day 21

o Healing complete; the color you see is the color you have. Your lips will remain a bit dry for a month or two, use a good lip balm and they will return to normal, but with full color!

Touch up should be done after 8 weeks and MUST be scheduled after the initial procedure.

CLIENT NAME_____

CLIENT SIGNATURE_____ **DATE**_____

