

Lips Pre-Care Instructions

- **Please make sure you read the following instructions to assure the best results for your procedure.**

To avoid excessive bleeding and poor color deposit Valid for ALL SERVICES. Excessive bleeding during the procedure will negatively affect the longevity of your permanent makeup application. In some cases the application will need to be prematurely stopped.

- It's very important to refrain from alcohol, energy drinks and caffeine 24 hrs. before the procedure to minimize any oozing, bleeding or swelling.
- Refrain from aspirin (aspirin products) or ibuprofen, or Aleve for pain relief (this thins the blood) for 3 days prior procedure. The only product that will not make you bleed is Tylenol.
- Also refrain from Vitamin E and fish oil capsules for 7 days prior the procedure.
- Retinol/Retin-A must be discontinued ASAP 7 days prior to procedure. (causes the skin to bleed)
- Do not use any facial toners, or cleansers.
- Do not have any type of facial/peel 2 weeks prior to treatment.
- Do not pick/tweeze/wax/perform electrolysis on your face one week before procedure.
- Injections & Fillers-must be done 4 weeks before or 4 weeks after.
- Chemical peels and laser treatments may not be done within 60 days before or after procedure.
- Do not tan 2 weeks prior the procedure or have sunburned face. Sunburned or Suntanned skin is damaged skin and therefore will cause excessive bleeding. We CANNOT work on sunburned or suntanned skin.
- Do not work out the day of the procedure.
- Do not schedule this procedure within one week prior to a water vacation.

Thank you again and we look forward to seeing you.

CLIENT NAME _____

CLIENT SIGNATURE _____ DATE _____

