

## 2025-2026 Schedule

\* Refer to Age Eligibility Chart for Age Requirements \*

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| MONDAY              |                |                                                                  | MONDAY              |                |                                          | MONDAY              |                |                                     |
|---------------------|----------------|------------------------------------------------------------------|---------------------|----------------|------------------------------------------|---------------------|----------------|-------------------------------------|
| 5:00 PM - 5:30 PM   | Miss Anna      | Pre-Ballet 1 (Age 3)                                             | 4:45 PM - 5:30 PM   | Miss Allison   | Musical Theatre 3/4 (Ages 9 & 10)        |                     |                |                                     |
| 5:30 PM - 6:15 PM   | Miss Anna      | Pre-Ballet 2 (Age 4)                                             | 5:30 PM - 6:15 PM   | Miss Allison   | Musical Theatre 1 (Age 7)                |                     |                |                                     |
| 6:15 PM - 7:15 PM   | Miss Anna      | Intermediate Contemporary (Age 12+)                              | 6:15 PM - 7:00 PM   | Miss Allison   | Musical Theatre 2 (Age 8)                | 5:45 PM - 6:45 PM   | Pam Genge      | Adult Pilates                       |
| 7:15 PM - 8:15 PM   | Miss Anna      | Adult Beginner Ballet                                            | 7:00 PM - 7:45 PM   | Miss Allison   | Musical Theatre 5/6 (Age 11)             | 7:00 PM - 8:00 PM   | Pam Genge      | Adult Hatha Slow Flow Yoga          |
|                     |                |                                                                  | 7:45 PM - 8:45 PM   | Miss Allison   | Musical Theatre 9 (Age 12 +)             |                     |                |                                     |
| TUESDAY             |                |                                                                  | TUESDAY             |                |                                          | TUESDAY             |                |                                     |
| 5:00 PM - 5:45 PM   | Miss Anna      | Pre-Ballet 3 (Age 5)                                             | 4:45 PM - 5:30 PM   | Miss Elizabeth | Tap 3/4 (Ages 7 & 8)                     |                     |                |                                     |
| 5:45 PM - 6:30 PM   | Miss Anna      | Primary Ballet (Age 6)                                           | 5:30 PM - 6:30 PM   | Miss Elizabeth | Acro Dance 3 (Age 8)                     | 5:30 PM - 6:30 PM   |                | Yoga for Adults                     |
| 6:30 PM - 7:30 PM   | Miss Anna      | Grade 1 Ballet Option A (Age 7 & 8)                              | 6:30 PM - 7:15 PM   | Miss Elizabeth | Acro Dance 1 (Age 6)                     |                     |                |                                     |
| 7:30 PM - 8:30 PM   | Miss Anna      | Jazz 7 (Age 11+)                                                 | 7:15 PM - 8:00 PM   | Miss Elizabeth | Tap Duet *Experience Required*           | 6:45 PM - 7:45 PM   | Aaron Drost    | Adult Yoga & Meditation             |
|                     |                |                                                                  | 8:00 PM - 8:45 PM   | Miss Elizabeth | Acro Dance Advanced Technique (Acro 5-7) |                     |                |                                     |
| WEDNESDAY           |                |                                                                  | WEDNESDAY           |                |                                          | WEDNESDAY           |                |                                     |
| 10:00 AM - 10:30 AM | Miss Anna      | Parent / Tot (Ages 18-35 mos)                                    | 10:00 AM - 10:45 AM | Pam Genge      | Baby & Me Yoga (Newborn - 18 mos)        |                     |                |                                     |
| 10:30 AM - 11:00 AM | Miss Anna      | Pre-Ballet 1 (Age 3)                                             | 11:00 AM - 12:00 PM | Pam Genge      | Adult Accessible Yoga                    |                     |                |                                     |
| 4:00 PM - 5:00 PM   | Miss Anna      | Intermediate Ballet Class A (Both A & B required)                | 4:45 PM - 5:30 PM   | Miss Catina    | Hip-Hop 1 & 2 (Ages 6 & 7)               |                     |                |                                     |
| 5:00 PM - 5:30 PM   | Miss Anna      | Pointe 2                                                         | 5:30 PM - 6:15 PM   | Miss Catina    | Hip-Hop 3 & 4 (Ages 8 & 9)               | 5:30 PM - 6:15 PM   | Miss Elizabeth | Tap 1 (Age 6)                       |
| 5:30 PM - 6:15 PM   | Miss Anna      | Jazz 1 & 2 (Age 6 & 7)                                           | 6:15 PM - 7:15 PM   | Miss Catina    | Hip-Hop 5 & 6 (Ages 10 & 11)             | 6:15 PM - 7:15 PM   | Miss Elizabeth | Acro Dance 6 (Ages 12 +)            |
| 6:15 PM - 7:00 PM   | Miss Anna      | Jazz 3 & 4 (Age 8-10)                                            | 7:15 PM - 8:15 PM   | Miss Catina    | Hip-Hop 7 & 8 (Ages 12 +)                | 7:15 PM - 7:45 PM   | Miss Elizabeth | Beginner Tap (Age 9+)               |
| 7:00 PM - 7:45 PM   | Miss Anna      | Beginner Ballet (Age 9 +) no previous ballet experience required | 8:15 PM - 8:45 PM   | Miss Catina    | Jazz 8 (Jazz 7 Required)                 | 7:45 PM - 8:30 PM   | Miss Elizabeth | Adult Tap (17+)                     |
| THURSDAY            |                |                                                                  | THURSDAY            |                |                                          | THURSDAY            |                |                                     |
| 4:00 PM - 4:45 PM   | Miss Anna      | Intermediate Ballet Class B (both A & B required)                | 4:45 PM - 5:15 PM   | Miss Elizabeth | Tap 8 * Experience Required *            | 9:30 AM - 10:30 AM  | Theresa Corman | Chair yoga                          |
| 5:00 PM - 6:00 PM   | Miss Anna      | Grade 5 Ballet Class A (both A & B required) Grade 4 Required    | 5:15 PM - 6:00 PM   | Miss Elizabeth | Acro Dance 2 (Age 7)                     | 11:00 AM - 12:00 PM | Theresa Corman | Adult Classical Yoga                |
| 6:00 PM - 7:00 PM   | Miss Anna      | Grade 3 Ballet Class A (both A & B required) Grade 2 Required    | 6:00 PM - 7:00 PM   | Miss Elizabeth | Acro Dance 5 (Age 11 +)                  |                     |                |                                     |
| 7:00 PM - 7:45 PM   | Miss Anna      | Beginner Contemporary (Age 9-11)                                 | 7:00 PM - 7:45 PM   | Miss Elizabeth | Tap 5 (Age 9-11)                         | 6:15 PM - 7:15 PM   | Pam Genge      | Adult Gentle Flow Yoga              |
| 7:45 PM - 8:30 PM   | Miss Anna      | Adult Contemporary (Age 17+)                                     | 7:45 PM - 8:30 PM   | Miss Elizabeth | Tap 7 (12+) *Experience Required *       | 7:30 PM - 8:30 PM   | Pam Genge      | Adult Yin Yoga                      |
| FRIDAY              |                |                                                                  | FRIDAY              |                |                                          | FRIDAY              |                |                                     |
| 5:00 PM - 6:00 PM   | Miss Emma      | Grade 5 Ballet Class B (both A & B required) Grade 4 Required    | 5:00 PM - 6:00 PM   | Miss Elizabeth | Acro Dance 4 (Ages 9-10)                 | 5:00 PM - 5:45 PM   | Miss Anna      | Pre-Jazz (Age 5)                    |
| 6:00 PM - 7:00 PM   | Miss Emma      | Grade 3 Ballet Class B (both A & B required) Grade 2 Required    | 6:00 PM - 7:00 PM   | Miss Elizabeth | Acro Dance 7 *experience required*       | 5:45 PM - 6:45 PM   | Miss Anna      | Grade 1 Ballet Option B (Age 7 & 8) |
|                     |                |                                                                  |                     |                |                                          | 6:45 PM - 7:45 PM   | Miss Anna      | Adult Advanced Ballet               |
| SATURDAY            |                |                                                                  | SATURDAY            |                |                                          | SATURDAY            |                |                                     |
| 9:45 AM - 10:30 AM  | Miss Elizabeth | Acro Dance 1 & 2 (Ages 6 & 7)                                    | 8:45 AM - 9:15 AM   | Miss Anna      | Parent / Tot (ages 18-35 mos)            |                     |                |                                     |
| 10:30 AM - 11:15 AM | Miss Elizabeth | Pre-Ballet 2 (Age 4)                                             | 9:15 AM - 9:45 AM   | Miss Anna      | Pre-Ballet 1 (Age 3)                     | 9:45 AM - 10:30 AM  | Miss Catina    | Pre-Ballet 3 (Age 5)                |
| 11:15 AM - 12:00 PM | Miss Elizabeth | Acro Dance 3 & 4 (Ages 8 & 9)                                    | 9:45 AM - 10:30 AM  | Miss Anna      | Jazz 4 & 5 (Age 9-11)                    | 10:30 AM - 11:15 AM | Miss Catina    | Jazz 1 & 2 (Ages 6 & 7)             |
|                     |                |                                                                  | 10:30 AM - 11:15 AM | Miss Anna      | Pre-Jazz (Age 5)                         |                     |                |                                     |
|                     |                |                                                                  | 11:15 AM - 12:00 PM | Miss Anna      | Primary Ballet (Age 6)                   |                     |                |                                     |
|                     |                |                                                                  |                     |                |                                          | 11:30 AM - 12:30 PM | Pam Genge      | Prenatal Yoga                       |