

2024-2025 Schedule

* Refer to Age Eligibility Chart for Age Requirements *

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| MONDAY | | | MONDAY | | | MONDAY | | | MONDAY | | |
|---------------------|----------------|--|---------------------|----------------|--|---------------------|----------------|------------------------------|-----------|--|--|
| 5:15 PM - 5:45 PM | Miss Anna | Pre-Ballet 1 (Age 3) | 5:00 PM - 5:45 PM | Miss Allison | Musical Theatre 2/3 (Ages 8 & 9) | | | | | | |
| 5:45 PM - 6:30 PM | Miss Anna | Pre-Ballet 2 (Age 4) | 5:45 PM - 6:30 PM | Miss Allison | Hip-Hop 3 (Age 8 & 9) | 5:45 PM - 6:45 PM | Pam Genge | Adult Pilates | | | |
| 6:30 PM - 7:30 PM | Miss Anna | Contemporary 4 (Age 12+) | 6:30 PM - 7:30 PM | Miss Allison | Contemporary 1/2 (Age 9-11) | 7:00 PM - 8:00 PM | Pam Genge | Adult Hatha Slow Flow Yoga | | | |
| 7:30 PM - 8:30 PM | Miss Anna | Adult Contemporary | 7:45 PM - 8:45 PM | Miss Allison | Musical Theatre 8 (Ages 11 - 12 +) | | | | | | |
| TUESDAY | | | TUESDAY | | | TUESDAY | | | TUESDAY | | |
| 5:00 PM - 5:45 PM | Miss Anna | Pre-Ballet 2 (Age 4) | 4:45 PM - 5:30 PM | Miss Elizabeth | Tap 2/3 (Ages 8 & 9) | 4:45 PM - 5:30 PM | Miss Allison | Yoga for Kids (Ages 7-11) | | | |
| 5:45 PM - 6:30 PM | Miss Anna | Pre-Ballet 3 (Age 5) | 5:30 PM - 6:15 PM | Miss Elizabeth | Jazz 3/4 (Ages 8 & 9) | 5:30 PM - 6:15 PM | Miss Allison | Musical Theatre 1 (Age 7) | | | |
| 6:30 PM - 7:15 PM | Miss Anna | Primary Ballet (Age 7) | 6:15 PM - 7:00 PM | Miss Elizabeth | Acro Dance 2 (Age 7) | 6:45 PM - 7:45 PM | Aaron Drost | Adult Yoga & Meditation | | | |
| 7:15 PM - 8:00 PM | Miss Anna | Jazz 5/6 (Age 10-11) | 7:00 PM - 7:45 PM | Miss Elizabeth | Tap Duet *** Experience Required *** | | | | | | |
| WEDNESDAY | | | WEDNESDAY | | | WEDNESDAY | | | WEDNESDAY | | |
| 10:00 AM - 10:30 AM | Miss Anna | Parent / Tot (Ages 18-35 mos) | 10:00 AM - 10:45 AM | Pam Genge | Baby & Me Yoga (Newborn - 18 mos) | | | | | | |
| 10:30 AM - 11:00 AM | Miss Anna | Pre-Ballet 1 (Age 3) | 11:00 AM - 12:00 PM | Pam Genge | Adult Accessible Yoga | | | | | | |
| 4:00 PM - 4:45 PM | Miss Anna | InterFoundation Ballet (both A & B required) | 4:45 PM - 5:30 PM | Miss Allison | Pre-Primary Ballet (Age 6) | 4:45 PM - 5:30 PM | Miss Elizabeth | Tap 1 (Ages 6 & 7) | | | |
| 4:45 PM - 5:15 PM | Miss Anna | Pointe 1 | 5:30 PM - 6:15 PM | Miss Allison | Hip-Hop 4/5 (Ages 10) | 5:30 PM - 6:15 PM | Miss Catina | Hip-Hop 1 & 2 (Ages 6 & 7) | | | |
| 5:15 PM - 6:00 PM | Miss Anna | Pre-Jazz (Age 5) | 6:15 PM - 7:00 PM | Miss Allison | Musical Theatre 4/5 (Age 10) | 6:15 PM - 7:15 PM | Miss Catina | Hip-Hop 6/7 (Ages 11 - 12 +) | | | |
| 6:00 PM - 6:45 PM | Miss Anna | Jazz 1 & Jazz 2 (Age 6 & 7) | 7:00 PM - 7:45 PM | Miss Allison | Jazz 7 (experience required) Ages 12 + | 7:15 PM - 7:45 PM | Miss Elizabeth | Tap Private | | | |
| 6:45 PM - 7:30 PM | Miss Anna | Junior Ballet (Age 8 +) | 8:00 PM - 8:45 PM | Allison Drost | Adult Yoga for Bedtime | 7:45 PM - 8:45 PM | Miss Elizabeth | Acro Dance 5 (Ages 12 +) | | | |
| THURSDAY | | | THURSDAY | | | THURSDAY | | | THURSDAY | | |
| 4:00 PM - 5:00 PM | Miss Anna | InterFoundation Ballet Class B (both A & B required) | 5:00 PM - 5:30 PM | Miss Elizabeth | Tap 7 * experience required * | 9:30 AM - 10:30 AM | Theresa Corman | Chair yoga | | | |
| 5:00 PM - 6:00 PM | Miss Anna | Grade 4 Ballet Class A (both A & B required) | 5:30 PM - 6:15 PM | Miss Elizabeth | Acro Dance 1 (Age 6) | 11:00 AM - 12:00 PM | Theresa Corman | Adult Classical Yoga | | | |
| 6:00 PM - 6:45 PM | Miss Anna | Grade 2 Ballet Class A (both A & B required) | 6:15 PM - 7:15 PM | Miss Elizabeth | Acro Dance 4 (Ages 10-11) | 5:00 PM - 6:00 PM | Allison Drost | Yoga for Teens | | | |
| 6:45 PM - 7:45 PM | Miss Anna | Adult Beginner Ballet | 7:15 PM - 8:00 PM | Miss Elizabeth | Tap 4 (Age 10 -11) | 6:15 PM - 7:15 PM | Pam Genge | Adult Gentle Flow Yoga | | | |
| | | | 8:00 PM - 8:45 PM | Miss Elizabeth | Tap 6 (12+) | 7:30 PM - 8:30 PM | Pam Genge | Adult Yin Yoga | | | |
| FRIDAY | | | FRIDAY | | | FRIDAY | | | FRIDAY | | |
| 5:00 PM - 6:00 PM | Miss Anna | Grade 4 Ballet Class B (both A & B required) | 5:00 PM - 5:45 PM | Miss Elizabeth | Acro Dance 3 (Ages 8 & 9) | | | | | | |
| 6:00 PM - 6:45 PM | Miss Anna | Grade 2 Ballet Class B (both A & B required) | 5:45 PM - 6:45 PM | Miss Elizabeth | Acro Dance 6 *experience required* | | | | | | |
| 6:45 PM - 7:45 PM | Miss Anna | Adult Advanced Ballet | | | | | | | | | |
| SATURDAY | | | SATURDAY | | | SATURDAY | | | SATURDAY | | |
| | | | 8:45 AM - 9:15 AM | Miss Anna | Parent / Tot (ages 18-35 mos) | | | | | | |
| 9:30 AM - 10:15 AM | Miss Elizabeth | Pre-Ballet 3 (Age 5) | 9:15 AM - 10:00 AM | Miss Anna | Jazz 1 & Jazz 2 (Age 6 & 7) | 9:00 AM - 9:30 AM | Miss Allison | Pre-Ballet 1 (Age 3) | | | |
| 10:15 AM - 11:00 AM | Miss Elizabeth | Pre-Primary Ballet (Age 6) | 10:00 AM - 10:45 AM | Miss Anna | Jazz 3/4 (Ages 8 & 9) | 9:30 AM - 10:15 AM | Miss Allison | Pre-Ballet 2 (Age 4) | | | |
| 11:00 AM - 11:45 AM | Miss Elizabeth | Acro Dance 3 (Ages 8 & 9) | 10:45 AM - 11:30 AM | Miss Anna | Primary Ballet (Age 7) | 10:15 AM - 11:00 AM | Miss Allison | Pre-Jazz (Age 5) | | | |
| 11:45 AM - 12:30 PM | Miss Elizabeth | Acro Dance 1 & 2 (Ages 6 & 7) | | | | 11:00 AM - 12:00 PM | Pam Genge | Prenatal Yoga | | | |