



# MOVEY LANE CIRCUIT

## ***A 4.5 mile loop including muddy terrain, stiles and bridges***

The start of the route is simple; head up the Hook Drove, following it over the hill and down the other side. At the bottom of the hill, join the footpath going to the right, headed for the far corner of the field. Once there, climb over the stile and walk along the left side of the field you find yourself in. To stay on the footpaths, you'll have to walk in a 'U' shape; once you reach a rusty metal gate, turn around (bearing slightly to the left), and head across the field to the stile in the hedge on the other side. Once there, cross over the bridge (plank) and head to the right corner of the field, where you'll come to a narrow track. Head down this, and you should reach a T-junction. Carry on straight ahead, ignoring the track to the right.

Again, the next section is fairly straight forwards; continue walking straight up the lane, ignoring another bridleway that crosses it. Continue following it round the corner (to the right) and proceed up this path (with a field to the left and a hedge on the right). Ignore a lane jutting out to the left, but continue straight on the course you're on, meandering slightly to the right then left as you reach the top of the hill. The lane should slowly turn to a track, and you'll eventually meet a road; proceed straight ahead, walking along this road and across another lane you'll soon arrive at.

Having crossed, you should soon be able to see a cluster of abandoned farm buildings on the right - continue down this lane, and you'll come to a footpath signed to Yeovilton. Walk straight across this field, and you'll soon come to a rusty sluice gate; once over the concrete 'bridge', turn to the right, and walk along the bank of the river. You'll come to another, stone bridge, again with a mechanical sluice gate; head straight across and proceed, again, along the bank of the river to the gate directly in front of you. Once through the gate, you'll be in a much larger field; walk straight on, keeping to the bank of the river on your right.

You will eventually come to a bridge with a stile at both ends and cobbled sides. Cross over this, before heading for an opening in the hedge on the opposite side of the field. Having gone through, turn to the left and climb over the stile onto the roadside.

Cross over the road, and you should see a footpath signed to Ashington. Once in the field, head slightly to the right, aiming for a stile in the opposite fence line. Having gone over both stiles, walk directly across the field to get another stile in the far side hedge. You should be in a small, rectangular field; stick to the right edge and climb over the stiles on the other side. You'll then be in a larger field; turn slightly to the right, and you should find a stile in the hedge. Once through the hedge, cross the cattle track, before heading to the left corner of the field. Beyond the stile, there should come to a small track; turn to the right and you'll find yourself back at the start!

