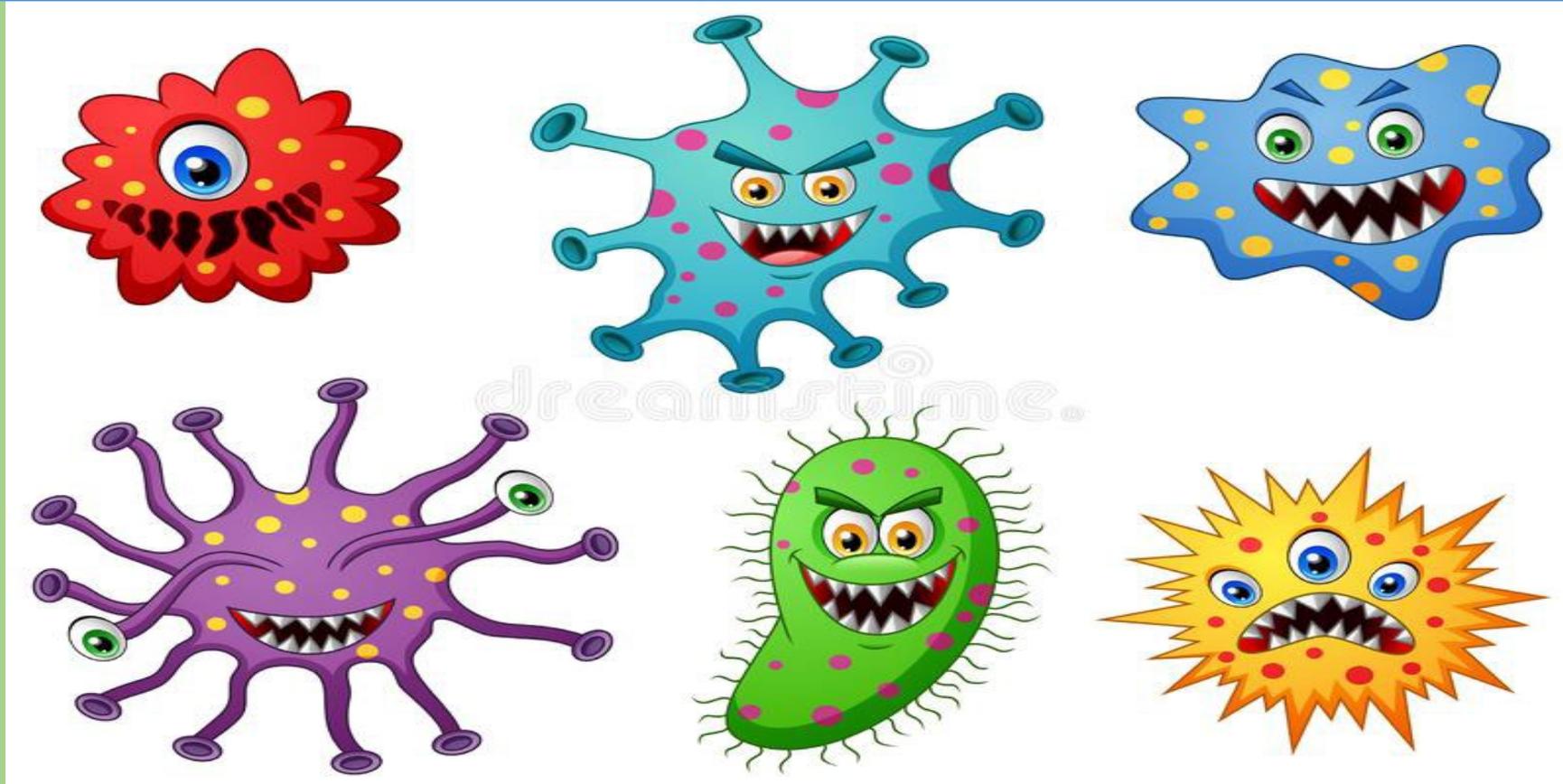


Pandemics: COVID is not alone . . .

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COVID Variants:

- Alpha (B.1.1.7 and Q lineages)
- Beta (B.1.351 and descendent lineages)
- Gamma (P.1 and descendent lineages)
- Delta (B.1.617.2 and AY lineages)
- Epsilon (B.1.427 and B.1.429)
- Eta (B.1.525)
- Iota (B.1.526)
- Kappa (B.1.617.1)
- 1.617.3
- Mu (B.1.621, B.1.621.1)
- Zeta (P.2)
- Omicron (B.1.1.529, BA.1, BA.1.1, BA.2, BA.3, BA.4 and BA.5 lineages)

Monkeypox: How is it spread?

- Direct contact with monkeypox rash, scabs, or body fluids from a person with monkeypox.
- Touching objects, fabrics (clothing, bedding, or towels), and surfaces that have been used by someone with monkeypox.
- Contact with respiratory secretions.
- This direct contact can happen during intimate contact, including:
 - Oral, anal, and vaginal sex or touching the genitals (penis, testicles, labia, and vagina) or anus (butthole) of a person with monkeypox.
 - Hugging, massage, and kissing.
 - Prolonged face-to-face contact.

The Classic Pandemic:

IS IT A COLD OR FLU?

| SIGNS AND SYMPTOMS | COLD | FLU |
|---------------------------|------------------|---------------|
| Symptom onset | Gradual | Abrupt |
| Fever | Rare | Usual |
| Aches | Slight | Usual |
| Chills | Uncommon | Fairly common |
| Fatigue, weakness | Sometimes | Usual |
| Sneezing | Common | Sometimes |
| Chest discomfort, cough | Mild to moderate | Common |
| Stuffy nose | Common | Sometimes |
| Sore throat | Common | Sometimes |
| Headache | Rare | Common |

Discussion:

- How do you deal with pandemics in the classroom?

Seating charts?

Masks?

Vaccinations?

Policies?