Intentional Couple Connection:

Creating Sacred Space Within Your Relationship



This unique and playful three hour workshop is for any couple interested in celebrating themselves and one another in their exploration of deeper intimacy, differentiation and connection.

Includes: intentional guided **attuning** to one another, music, awareness, presence and embodied exercises, verbal and **playful** communication dialogue exercises to **deepen understanding and connection** on varied ways in which we all come to see ourselves uniquely within our **intimate** relationships, and light snacks. Highlighting pleasureoriented intimacy vs goal-oriented intimacy. Please wear comfortable clothing. Verbal participation is privately contained with your partner.

Facilitated by partners: Margaret Berg, LCSW, AASECT Certified Sex Therapist, Advanced Certified Imago Relationship Therapist/Imago Workshop Presenter and partner, Jason Isenberg, MD, PhD, Imago Workshop Presenter

When: Saturday, March 8th, 2025 4-7pm

Where: Quarry Arts Building, 715 Hill Street, 1st floor, Mendota Movement Room, Room 170, Madison, WI.

Cost: \$200/couple. \$175/post GTLYW participants.. **Register:** Please email Margaret Berg at margaret@margaretbergtherapy.com to register/questions.

Please see my website for workshop testimonials and information on Imago Getting The Love You Want Couple's Relational and Educational Weekend Workshops and Retreats

Margaretbergtherapy.com

Space is limited to eight couples.

~~~Please arrive with the curiosity to learn easy techniques to open your heart, increase connection and enhance pleasure within your relationship~~~

