

# *Creating Sacred Space Within Your Relationship*

*This three-hour unique and playful workshop is for couples interested in exploring deeper levels of intimacy, differentiation and connection.*

**Includes:** education on embodied pleasure; including the body, mind, heart, and spirit; verbal communication dialogue exercises to deepen understanding and connection; sex-positive education on desire and arousal; education on varied ways in which we all come to see ourselves uniquely within our intimate relationships, and light snacks. Highlighting pleasure-oriented intimacy vs goal-oriented intimacy. Please wear comfortable clothing.

*Participation is contained with your partner.*

**Facilitated by:** Margaret Berg, LCSW, ACST, AASECT Sex Therapist & Advanced Certified Imago Relationship Therapist and her partner, Jason Isenberg, MD,

**When:** February 2019 **Where:** Quarry Arts Building, 715 Hill Street, 1st floor, Mendota Movement Room, Room 170, Madison, WI.

**Cost:** \$125/couple. **Register:** Please contact Margaret Berg (906)221-6629 or email [margaret@margaretbergtherapy.com](mailto:margaret@margaretbergtherapy.com) to register/questions. To reserve your spot, send a check to Margaret Berg, Quarry Hill Building, 720 Hill St, Suite 220, Madison, WI 53705 .

*This Workshop is held twice yearly. Please see my website for upcoming Workshop dates.*

**[Margaretbergtherapy.com](http://Margaretbergtherapy.com)**

**Space is limited to eight couples.**

*~~~Please arrive with the curiosity to learn easy techniques to open your heart, increase connection and enhance pleasure within your relationship~~~*

