



Little Learners Menu

January 2023



	Monday	Tuesday	Wednesday	Thursday	Friday
ABV	2	3	4	5	6
BF	Closed	Cereal & Apples	Toast & Oranges	English Muffins & Grapes	Bisquits & Oranges
AMS		Oranges	Apples	Bananas	Plums
Lnch		Chicken Tenders (Meatless Chicken Nuggets), Green Beans, Mandarin Oranges	Chicken Alfredo (Meatless Chicken) , California Melody, Apple Sauce	Mac & Cheese, Peas, Pineapple	Ham Sandwich (Cheese), Carrots, Grapes,
PMS		Chicken (Vegetable) Noodle Soup & Carrots	Fish Crackers & Juice	Pretzels & Juice	Pumpkin Bread & Juice
	9	10	11	12	13
BF	Cereal & Apples	Cinnamon Toast & Oranges	Waffles & Banana	Toast & Grapes	Bagles & Berries
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Oranges
Lnch	Chicken Sandwich (Cheese) , Mixed Vegetables, Pineapple	Spaghetti with Meat (Meatless Meat), Green Beans, Pears	Roast Pork, (Lentils) Red Potatoes, Cornbread, Melon	Meatloaf (Boca Burger), Mashed Potatoes, Bread, Peaches	Sloppy Joe, (Meatless Meat) Bun, Baked French Fries, Melon
PMS	Tomato Soup & Oyster Crackers	Cereal Mix & Juice	Bagel & Cream Cheese	Graham Crackers & Juice	Banana Bread & Juice
	16	17	18	19	20
BF	Cereal & Apples	Oatmeal & Oranges	Pancakes & Bananas	English Muffins & Grapes	Toast & Oranges
AMS	Oranges	Apples	Cucumber Slices with Ranch Dip	Bananas	Apples
Lnch	Fish Sticks (Baked Beans), Mixed Veg Bread, Pears	Beef Stroganoff (Meatless Meat), Broccoli, Peaches	Cheese Ravioli, Green Beans, Apple Sauce	Tuna Casserole (Cheese), Peas , Melon	Grilled Cheese, Tomato Soup, Grapes
PMS	Fish Crackers & Juice	Yogurt with Fruit	Pretzels & Juice	Chicken (Vegetable) Noodle Soup & Carrots	Pumpkin Bread & Juice
	23	24	25	26	27
BF	Cereal & Apples	Cinnamon Toast & Oranges	Waffles & Banana	Toast & Grapes	Bagles & Berries
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Plums
Lnch	Meatball Sandwich (Meatless Meat), Mixed Vegetable, Peaches	Mostaccioli & Meat Sauce (Cheese), Broccoli, Applesauce	Chicken Tetrizzini (Cheese), Corn, Pears	Chicken Legs (Chili Beans), Seasoned Rice, Peas, Melon	Turkey Sandwich (Cheese), Carrots Grapes
PMS	Vegetable Soup & Crackers	Cheese Cubes & Crackers	Graham Cracker & Apple Juice	Cereal Mix & Juice	Banana Bread & Juice
	30	31			
BF	Cereal & Apples	Waffles & Oranges			
AMS	Oranges	Apples			
Lnch	Lasagna (Cheese), California Medley, Pineapple	BBQ Chicken (Black Beans), Mashed Potatoes, Bread, Pears			
PMS	Pretzels & Juice	Yogurt & Juice			

Abbreviations: BF - Breakfast, Lunch - Lunch, PMS - PM Snack
Milk is served with Breakfast, Lunch, (Vegetarian)