

Little Learners Menu



November 2019

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------|---|---|--|--|---|
| ABV | | | | | 1 |
| BF | | | | | Whole Wheat Toast & Apple |
| AMS | | | | | Fruit Salad |
| Lnch | | | | | Ham & Cheese Sandwich, Carrots, Apple |
| PMS | | | | | Fish Crackers and Juice |
| | 4 | 5 | 6 | 7 | 8 |
| BF | Whole Grain Cereal & Apples | Whole Wheat Toast & Oranges | Whole Wheat French Toast & Bananas | Bagels & Grapes | Whole Wheat English Muffins & Apples |
| AMS | Graham Crackers | Bagels and Cream Cheese | Fresh Vegetables with Ranch Dip | Bananas | Fruit Salad |
| Lnch | Pulled Pork, Mixed Vegetables, Peaches, Hot dog bun | Chicken & Gravy, California Melody, Oranges, Stuffing | Meat Loaf, Mashed Potatoes, Grapes, Whole Wheat Bread | Cheese Quesadilla, Carrot Sticks, Apples | Taco Casserole, corn, Melon |
| PMS | Chicken Noodle Soup with Carrots | Baked Apples with Oatmeal | Chicken Salad with Club Crackers | Banana bread and Juice | Cereal Mix & Juice |
| | 11 | 12 | 13 | 14 | 15 |
| BF | Whole Grain Cereal & Apples | Pancakes & Oranges | Whole Wheat Toast & Bananas | Oatmeal & Grapes | Muffins & Oranges |
| AMS | Oranges | Apple aise | Fresh Vegetables with Ranch Dip | Bananas | Fruit Salad |
| Lnch | Chicken Tenders, Corn, Pears, Wheat Bread | Baked Whole Wheat Mostaccioli & Meat Sauce, Broccoli, Apples | Pork Roast, Roasted Potato, Grapes, Whole Wheat Roll | Baked Chicken, Carrots, Melon, Cheesy Brown Rice | Sloppy Joes, Mixed Vegetables, Oranges |
| PMS | Fish Crackers and Juice | Vegetable Soup with Oyster Crackers | Bagels and Cream Cheese | Egg Salad with Whole Grain Club Crackers | Pumpkin Bread and Juice |
| | 18 | 19 | 20 | 21 | 22 |
| BF | Whole Grain Cereal & Apples | Whole Wheat Toast & Oranges | Waffles & Bananas | Whole Wheat English Muffin & Grapes | Pancakes & Oranges |
| AMS | Oranges | Apples | Fresh Vegetables with Ranch Dip | Bananas | Fruit Salad |
| Lnch | Fish Sticks, Green Beans, Peaches, Whole Wheat Bread | Cheese Ravioli with Tomato Sauce, Broccoli and Cauliflower, Apple Sauce | Barbeque Chicken, Mashed Potatoes, Grapes, Wheat Bread | Teriyaki Pork, Mixed Vegetables, Melon, Fried Brown Rice | Turkey & Cheese Sandwich, Carrot sticks, Apples |
| PMS | Tomato Soup with Oyster Crackers | Turkey and Cheese Cubes | Vegetable, Cheese Pasta Salad | Cornbread & Juice | Saltines and Juice |
| | 25 | 26 | 27 | 28 | 29 |
| BF | Whole Grain Cereal & Apples | Cinnamon Bread & Oranges | Whole Wheat Toast & Bananas | Closed | Closed |
| AMS | Graham Crackers | Cereal Mix | Fresh Vegetables with Ranch Dip | | |
| Lnch | Hash brown, Egg & Cheese Bake, Oranges, Whole Wheat Toast | Chicken Tetrzzini, Peas, Apple | Cheese Burgers, Carrot Sticks, Grapes | | |
| PMS | Chicken Noodle Soup with Carrots | Banana Bread & Juice | Chicken Salad with Ritz Crackers | | |

Abbreviations: BF - Breakfast, AMS - AM Snack, Lnch - Lunch, PMS - PM Snack
Milk is served with Breakfast, AM Snack, and Lunch