

## November 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
ABV		1	2	3	4
BF		Cinnamon Toast & Oranges	Waffles & Banana	Toast & Grapes	Bagles & Berries
AMS		Apples	Fresh Vegetables with Ranch Dip	Bananas	Plums
Lnch		Mostaccioli & Meat Sauce (Cheese), Broccoli, Applesauce	Chicken Tetrazzini (Cheese), Corn, Pears	Chicken Legs (Chili Beans), Seasoned Rice, Peas, Melon	Turkey Sandwich (Cheeese), Carrots Grapes
PMS		Cheese Cubes & Crackers	Graham Cracker & Apple Juice	Cereal Mix & Juice	Banana Bread & Juice
	7	8	9	10	11
BF	Cereal & Apples	Waffles & Oranges	Bisquits & Bananas	English Muffins & Grapes	Toast & Berries
AMS	Oranges	Aoples	Cucumber Slices with Ranch Dip	Bananas	Oranges
Lnch	Lasagna (Cheese), California Medley, Pineapple	BBQ Chicken (Black Beans), Mashed Potatoes, Bread, Pears	Taco Bake (Beans), Tomatos, Mixed Fruit	Egg & Hash Brown Casserole, Toast, Melon	Cheeseburgers (Boca Burger), Baked French Fries, Grapes
PMS	Pretzels & Juice	Yogurt & Juice	Fish Crackers & Juice	Tomato Soup & Oyster Crackers	Pumpkin Bread & Juice
	14	15	16	17	18
BF	Cereal & Apples	Pancakes & Oranges	Toast & Bananas	Cinnamon Toast & Grapes	Bagles & Berries
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Apples
Lnch	Pulled Pork Sandwich (Beans), Mixed Vegetables, Peaches, Bun	Chicken Parmesan (Cheese), California Medley, Apple Sauce	Chicken & Gravy (Cheese), Carrots, Roll, Melon	Scrambled Eggs, Turkey Hash Brown Patty, Toast, Melon	Cheese Quesadilla, Carrot Sticks, Grapes
PMS	Cereal Mix & Juice	Chicken (Vegetable) Noodle Soup & Carrots	Saltines & Cheese	Banana Bread & Juice	Bagel & Cream Cheese
	21	22	23	24	25
BF	Cereal & Apples	Toast & Oranges	Pancakes & Bananas		
AMS	Oranges	Apples	Cucumber Slices with Ranch Dip		
Lnch	Chicken Tenders (Meatless Chicken Nuggets), Green Beans, Mandarin Oranges	Chicken Alfrado (Meatless Chicken) , California Melody, Apple Sauce	Sliced Turkey (Lentils), Sweet Potato, Pineapple, Whole Wheat Bread	Closed	Closed
PMS	Chicken (Vegetable) Noodle Soup & Carrots	Fish Crackers & Juice	Cheese Cubes & Crackers		
	28	29	30		
BF	Cereal & Apples	Cinnamon Toast & Oranges	Waffles & Banana		
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip		
Lnch	Chicken Sandwich (Cheese) , Mixed Vegetables, Pineapple	Spaghetti with Meat (Meatless Meat), Green Beans, Pears	Roast Pork, (Lentils) Red Potatoes, Cornbread, Melon		
PMS	Tomato Soup & Oyster Crackers	Cereal Mix & Juice	Bagel & Cream Cheese		
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Abbreviations: BF - Breakfast, AMS - AM Snack, Lnch - Lunch, PMS - PM Snack Milk is served with Breakfast, AM Snack, and Lunch (Veg)