



Little Learners Menu

December 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
BF	Whole Grain Cereal & Apples	Whole Wheat Toast & Oranges	Whole Wheat French Toast & Bananas	Bagels & Grapes	Whole Wheat English Muffins & Apples
AMS	Graham Crackers	Bagels and Cream Cheese	Fresh Vegetables with Ranch Dip	Bananas	Tomato Soup
Lnch	Pulled Pork, Mixed Vegetables, Peaches, Hot dog bun	Chicken & Gravy, California Melody, Oranges, Stuffing	Meat Loaf, Mashed Potatoes, Grapes, Whole Wheat Bread	Cheese Quesadilla, Carrot Sticks, Apples	Taco Casserole, corn, Melon
PMS	Chicken Noodle Soup with Carrots	Baked Apples with Oatmeal	Chicken Salad with Club Crackers	Banana bread and Juice	Fruit Salad with Yogurt
	10	11	12	13	14
BF	Whole Grain Cereal & Apples	Pancakes & Oranges	Whole Wheat Toast & Bananas	Oatmeal & Grapes	Muffins & Oranges
AMS	Oranges	Apple Sauce	Mandarin Oranges	Bananas	Fresh Vegetables with Ranch Dip
Lnch	Chicken Tenders, Corn, Pears, Wheat Bread	Baked Whole Wheat Mostaccioli & Meat Sauce, Broccoli, Apples	Pork Roast, Roasted Potato, Grapes, Whole Wheat Bread	Baked Chicken, Carrots, Melon, Cheesy Brown Rice	Sloppy Joes, Mixed Vegetables, Oranges
PMS	Fish Crackers and Juice	Vegetable Soup with Oyster Crackers	Cheese & Crackers	Egg Salad with Whole Grain Club Crackers	Pumpkin Bread and Juice
	17	18	19	20	21
BF	Whole Grain Cereal & Apples	Whole Wheat Toast & Oranges	Waffles & Bananas	Whole Wheat English Muffin & Grapes	Pancakes & Oranges
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Bagels and Cream Cheese
Lnch	Fish Sticks, Green Beans, Peaches, Whole Wheat Bread	Cheese Ravioli with Tomato Sauce, Broccoli and Cauliflower, Apple Sauce	Barbeque Chicken, Mashed Potatoes, Grapes, Wheat Bread	Teriyaki Pork, Mixed Vegetables, Melon, Fried Brown Rice	Turkey & Cheese Sandwich, Carrot sticks, Apples
PMS	Tomato Soup with Oyster Crackers	Turkey and Cheese Cubes	Vegetable, Cheese Pasta Salad	Cornbread & Juice	Baked Apples with Oatmeal
	24	25	26	27	28
BF	Closed in observation of Christmas Eve	Closed in observation of Christmas	Whole Wheat Toast & Bananas	Whole Wheat French Toast & Grapes	Whole Wheat English Muffin & Oranges
AMS			Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch			Cheese Burgers, Carrot Sticks, Grapes	Whole Wheat Spaghetti with Meat Sauce, California Melody, Melon	Chicken Tetrizzini , Peas, Apple, Whole Wheat Bun
PMS			Chicken Salad with Ritz Crackers	Refried Bean Dip & Tortilla	Tomato Soup and Oyster Crackers
	31				
BF	Whole Grain Cereal & Apples				
AMS	Oranges				
Lnch	Meatballs, Corn, Peaches, Whole Wheat Bread				
PMS	Fish Crackers and Juice				



Abbreviations: BF - Breakfast, AMS - AM Snack, Lnch - Lunch, PMS - PM Snack