

Little Learners Menu

February 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
ABV					1
BF					Pancakes & Oranges
AMS	♥	♥	♥	♥	Fruit Salad
Lnch	♥	♥	♥	♥	Turkey & Cheese Sandwich, Carrot sticks, Apples
PMS					Baked Apples with Oatmeal
	4	5	6	7	8
BF	Whole Grain Cereal & Apples	Cinnamon Bread & Oranges	Whole Wheat Toast & Bananas	Whole Wheat French Toast & Grapes	Whole Wheat English Muffin & Oranges
AMS	Graham Crackers	Cereal Mix	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Hash brown, Egg & Cheese Bake, Oranges, Whole Wheat Toast	Chicken Legs, Green Beans, Pears, Whole Wheat Bread	Cheese Burgers, Carrot Sticks, Grapes	Whole Wheat Spaghetti with Meat Sauce, California Melody, Melon	Chicken Tetrizzini , Peas, Apple, Whole Wheat Bun
PMS	Chicken Noodle Soup with Carrots	Banana Bread & Juice	Chicken Salad with Ritz Crackers	Refried Bean Dip & Tortilla	Tomato Soup and Oyster Crackers
	11	12	13	14	15
BF	Whole Grain Cereal & Apples	Muffins & Oranges	Whole Wheat Bagel & Bananas	Whole Wheat Toast & Grapes	Pancakes & Mixed Fruit
AMS	Oranges	Apple Sauce	Mandarin Oranges	Bananas	Fresh Vegetables with Ranch Dip
Lnch	Meatballs, Corn, Peaches, Whole Wheat Bread	Chicken Alfrado with Whole Wheat Pasta, Broccoli, Oranges	Sliced Turkey, Sweet Potato, Pineapple, Whole Wheat Bread	Whole Wheat Grilled Cheese, Tomato Soup, Melon	Tuna Casserole, Peas, Fruit Salad
PMS	Fish Crackers and Juice	Vegetable Soup and Oyster Crackers	Cheeze Cubes and Juice	Egg Salad with Whole Grain Club Crackers	Zucchini Bread
	18	19	20	21	22
BF	Whole Grain Cereal & Apples	Waffles & Oranges	Whole Wheat English Muffin & Bananas	Pancakes & Grapes	Whole Wheat Toast & Apple
AMS	Oranges	Apples	Saltines	Bananas	Fresh Vegetables with Ranch Dip
Lnch	Lasagna, Green Beans, Pears	Beef Strognonoff, Broccoli, Pineapple	Whole Wheat Macaroni & Cheese, Peas, Grapes	Chicken casserole, carrots, Melon	Ham & Cheese Sandwich, Carrots, Fruit Salad
PMS	Tomato Soup with Oyster Crackers	Ham and Cheese Cubes	Vegetable, Cheese Pasta Salad	Cornbread and Juice	Cereal Mix & Juice
	25	26	27	28	
BF	Whole Grain Cereal & Apples	Whole Wheat Toast & Oranges	Whole Wheat French Toast & Bananas	Bagels & Grapes	
AMS	Graham Crackers	Bagels and Cream Cheese	Fresh Vegetables with Ranch Dip	Bananas	
Lnch	Pulled Pork, Mixed Vegetables, Peaches, Hot dog bun	Chicken & Gravy, California Melody, Oranges, Stuffing	Meat Loaf, Mashed Potatoes, Grapes, Whole Wheat Bread	Cheese Quesadilla, Carrot Sticks, Apples	
PMS	Chicken Noodle Soup with Carrots	Baked Apples with Oatmeal	Chicken Salad with Club Crackers	Banana bread and Juice	

Abbreviations: BF - Breakfast, AMS - AM Snack, Lnch - Lunch, PMS - PM Snack
Milk is served with Breakfast, AM Snack, and Lunch