



Happy St. Patrick's Day

# Little Learners Menu

March 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
ABV				1	1
BF					Whole Wheat English Muffins & Apples
AMS					Fruit Salad
Lnch					Taco Casserole, tomatoes, Melon
PMS					Tomato Soup
	4	5	6	7	8
BF	Whole Grain Cereal & Apples	Pancakes & Oranges	Whole Wheat Toast & Bananas	Oatmeal & Grapes	Muffins & Oranges
AMS	Oranges	Apple Sauce	Mandarin Oranges	Bananas	Fresh Vegetables with Ranch Dip
Lnch	Chicken Tenders, Corn, Pears, Wheat Bread	Baked Whole Wheat Mostaccioli & Meat Sauce, Broccoli, Apples	Pork Roast, Roasted Potato, Grapes, Whole Wheat Bread	Baked Chicken, Carrots, Melon, Cheesy Brown Rice	Sloppy Joes, Mixed Vegetables, Mixed Fruit
PMS	Fish Crackers and Juice	Vegetable Soup with Oyster Crackers	Bagels & Cream Cheese	Egg Salad with Whole Grain Club Crackers	Pumpkin Bread and Juice
	11	12	13	14	15
BF	Whole Grain Cereal & Apples	Whole Wheat Toast & Oranges	Waffles & Bananas	Whole Wheat English Muffin & Grapes	Pancakes & Oranges
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Fish Sticks, Green Beans, Peaches, Whole Wheat Bread	Cheese Ravioli with Tomato Sauce, Broccoli and Cauliflower, Apple Sauce	Barbeque Chicken, Mashed Potatoes, Grapes, Wheat Bread	Teriyaki Pork, Mixed Vegetables, Melon, Fried Brown Rice	Turkey & Cheese Sandwich, Carrot sticks, Apples
PMS	Tomato Soup with Oyster Crackers	Turkey and Cheese Cubes	Vegetable, Cheese Pasta Salad	Cornbread & Juice	Baked Apples with Oatmeal
	18	19	20	21	22
BF	Whole Grain Cereal & Apples	Cinnamon Bread & Oranges	Whole Wheat Toast & Bananas	Whole Wheat French Toast & Grapes	Whole Wheat English Muffin & Oranges
AMS	Graham Crackers	Cereal Mix	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Hash brown, Egg & Cheese Bake, Oranges, Whole Wheat Toast	Chicken Legs, Green Beans, Pears, Whole Wheat Bread	Cheese Burgers, Carrot Sticks, Grapes	Whole Wheat Spaghetti with Meat Sauce, California Melody, Melon	Chicken Tetrizzini , Peas, Apple, Whole Wheat Bun
PMS	Chicken Noodle Soup with Carrots	Banana Bread & Juice	Chicken Salad with Ritz Crackers	Refried Bean Dip & Tortilla	Tomato Soup and Oyster Crackers
	25	26	27	28	29
BF	Whole Grain Cereal & Apples	Muffins & Oranges	Whole Wheat Bagel & Bananas	Whole Wheat Toast & Grapes	Pancakes & Mixed Fruit
AMS	Oranges	Apple Sauce	Mandarin Oranges	Bananas	Fresh Vegetables with Ranch Dip
Lnch	Meatballs, Corn, Peaches, Whole Wheat Bread	Chicken Alfredo with Whole Wheat Pasta, Broccoli, Oranges	Sliced Turkey, Sweet Potato, Pineapple, Whole Wheat Bread	Whole Wheat Grilled Cheese, Tomato Soup, Melon	Tuna Casserole, Peas, Fruit Salad
PMS	Fish Crackers and Juice	Vegetable Soup and Oyster Crackers	Cheese Cubes and Juice	Egg Salad with Whole Grain Club Crackers	Zucchini Bread

Abbreviations: BF - Breakfast, AMS - AM Snack, Lnch - Lunch, PMS - PM Snack  
Milk is served with Breakfast, AM Snack, and Lunch