A Newsletter for Parents and Their Children

March 2019



Dates to Remember

March 1 Scholastic March orders due March 10 Daylight Savings Time

March 15 Wear Green

Time Change

The time change this month could make life difficult for young children. Sleep is one of the most important factors in assuring for a happy and healthy child. The University of Michigan has a few tips to assist your child in getting the amount of sleep he or she requires. To get your child ready for the "spring forward" time change, they recommend adjusting their bedtimes 15 minutes earlier each night for a few nights before the clocks spring forward. Or you can keep them "on schedule" and not allow them to sleep in on Sunday — they should adjust to the new time in a few days.

Arlington Heights Library Family Time
Story Time each Saturday at 10:30
Get tickets at the children's desk.

Dupage Children's Museum

www.dupagechildrensmuseum.org

Adler Planetarium

www.adlerplanetarium.org

Scholastic Book Orders

Check out the March Book Order and find some great deals. Order online at www.scholastic.com/bookclubs and use the onetime code: GNLKY. For every online order, LL gets a free book.

There have been several questions about classroom transitions. Debbie will place a transition form/conference sign-up and new tuition agreement in your child's cubbie or folder for you to sign and return to us. Please write three choices on the form and return it to Debbie. She will email a conference confirmation.

Parents night out will be between 6:30 pm and 10:00 pm. The cost is \$20. Children are invited to attend between 6:00 and 6:30 for dinner for \$5.00.

Please remember to sign your child in with the time and sign your child out with the time and your signature. It is a DCFS requirement.

Meet others for a play date at the library for a story time at 10:30 in the Lindsay Room at the Arlington Heights Library.

BIRTHDAY CORNER

Emma W.	6
Miss Lea	12
Mabel C	14
Collin G.	17
Viviane C.	24
Diya K.	25
Gracy S.	25
Miss Cherie	31

