


Little Learners Menu

March 2020

ABV	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
BF	Whole Grain Cereal & Apples	Waffles & Oranges	Wheat English Muffin & Bananas	Pancakes & Grapes	Whole Grain Toast & Apples
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Lasagna, Green Beans, Pears (Cheese Lasagna)	Beef Stroganoff, Broccoli, Pineapple (Meatless meat)	Whole Wheat Macaroni & Cheese, Peas, Grapes	Chicken Casserole, Carrots, Melon (Meatless Chicken)	Ham & Cheese Sandwich, Carrots, Apples (Cheese)
PMS	Tomato Soup with Oyster Crackers	Ham Cubes and Crackers (Cheese)	Bagels & Cream Cheese	Cornbread & Juice	Fish Crackers & Juice
	9	10	11	12	13
BF	Whole Grain Cereal & Apples	Whole Grain Toast & Oranges	Whole Grain Toast & Bananas	Bagels & Grapes	Whole Wheat English Muffin & Apples
AMS	Graham Crackers	Bagels & Cream Cheese	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Pulled Pork, Mixed Vegetables, Peaches, Hotdog Bun (Lentils)	Chicken & Gravy, Diced Potatoes, Oranges, Whole Grain Bread, (Meatless Chicken)	Meatloaf, Mashed Potatoes, Grapes, Whole Grain Bread (Veg. Chili)	Cheese Quesadilla, Carrot Sticks, Apples	Taco Casserole, Tomatoes, Melon (Pinto Beans)
PMS	Chicken Noodle Soup & Carrots (Tomato Soup)	Baked Apples & Oatmeal	Chicken Salad & Crackers (Cheese)	Banana Bread & Juice	Yogurt & Juice
	16	17	18	19	20
BF	Whole Grain Cereal & Apples	Pancakes & Oranges	Whole Wheat Toast & Bananas	Oatmeal & Grapes	Muffins & Oranges
AMS	Oranges	Apple Sauce	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Chicken Tenders, Corn, Pears, Wheat Bread (Meatless Chicken)	Whole Wheat Mostaccioli & Meat Sauce, Broccoli, Apples (Cheese)	Pork Roast, Roasted Potato, Grapes, Whole Wheat Bread (Lentils)	Baked Chicken, Carrots, Melon, Cheesy Brown Rice (Vegetarian Chili)	Sloppy Joes, Carrot Sticks, Apples (Meatless Meat)
PMS	Fish Crackers & Juice	Vegetable Soup with Oyster Crackers	Bagels & Cream Cheese	Egg Salad with Whole Grain Crackers	Pumpkin Bread & Juice
	23	24	25	26	27
BF	Whole Grain Cereal & Apples	Whole Wheat Toast & Oranges	Waffles & Bananas	Whole Wheat English Muffin & Grapes	Pancakes & Oranges
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Fish Sticks, Green Beans, Peaches, Whole Grain Bread (Pinto Beans)	Cheese Ravioli with Tomato Sauce, Broccoli and Cauliflower, Apple Sauce	Barbeque Chicken, Mashed Potatoes, Grapes, Wheat Bread (Meatless Chicken)	Teriyaki Pork, Mixed Vegetables, Fried Brown Rice (Baked Beans)	Turkey & Cheese Sandwich, Carrot Sticks, Apples (Cheese)
PMS	Tomato Soup with Oyster Crackers	Turkey Cubes & Crackers (Cheese)	Cereal Mix & Juice	Cornbread & Juice	Cheese Cubes & Crackers
	30	31			
BF	Whole Grain Cereal & Apples	Cinnamon Bread & Oranges			
AMS	Graham Crackers	Cereal Mix			
Lnch	Hash Browns, Egg & Cheese Bake, Oranges, Whole Wheat Toast (Cheese)	Chicken Tetrizzini, Peas, Pears (Cheese)			
PMS	Chicken Noodle Soup & Carrots (Tomato Soup)	Banana Bread & Juice			

Abbreviations:BF-Breakfast, AMS-AM Snack,Lnch-Lunch, PMS-PM Snack

Milk is served with Breakfast, AM Snack and Lunch

Vegetarian Proteins in Parentheses ()