

# Little Learners Menu



May 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
ABV			1	2	3
BF			Whole Wheat Toast & Bananas	Whole Wheat French Toast & Grapes	Whole Wheat English Muffin & Oranges
AMS			Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch			Cheese Burgers, Carrot Sticks, Grapes	Whole Wheat Spaghetti with Meat Sauce, California Melody, Melon	Chicken Legs, Green Beans, Pears, Whole Wheat Bread
PMS			Chicken Salad with Ritz Crackers	Refried Bean Dip & Tortilla	Cereal Mix & Juice
	6	7	8	9	10
BF	Whole Grain Cereal & Apples	Muffins & Oranges	Whole Wheat Bagel & Bananas	Whole Wheat Toast & Grapes	Pancakes & Mixed Fruit
AMS	Oranges	Apple Sauce	Mandarin Oranges	Bananas	Fresh Vegetables with Ranch Dip
Lnch	Meatballs, Corn, Peaches, Whole Wheat Bread	Chicken Alfredo with Whole Wheat Pasta, Broccoli, Oranges	Sliced Turkey, Sweet Potato, Pineapple, Whole Wheat Bread	Whole Wheat Grilled Cheese, Tomato Soup, Melon	Tuna Casserole, Peas, Fruit Salad
PMS	Fish Crackers and Juice	Vegetable Soup and Oyster Crackers	Cheese Cubes and Juice	Egg Salad with Whole Grain Club Crackers	Zucchini Bread
	13	14	15	16	17
BF	Whole Grain Cereal & Apples	Waffles & Oranges	Whole Wheat English Muffin & Bananas	Pancakes & Grapes	Whole Wheat Toast & Apple
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Lasagna, Green Beans, Pears	Beef Stroganoff, Broccoli, Pineapple	Whole Wheat Macaroni & Cheese, Peas, Oranges	Chicken casserole, carrots, Melon	Ham & Cheese Sandwich, Carrots, Grapes
PMS	Tomato Soup with Oyster Crackers	Ham and Cheese Cubes	Vegetable, Cheese Pasta Salad	Cornbread and Juice	Cereal Mix & Juice
	20	21	22	23	24
BF	Whole Grain Cereal & Apples	Whole Wheat Toast & Oranges	Whole Wheat French Toast & Bananas	Bagels & Grapes	Whole Wheat English Muffins & Apples
AMS	Graham Crackers	Bagels and Cream Cheese	Fresh Vegetables with Ranch Dip	Bananas	Fruit Salad
Lnch	Pulled Pork, Mixed Vegetables, Peaches, Hot dog bun	Chicken & Gravy, California Melody, Oranges, Stuffing	Meat Loaf, Mashed Potatoes, Grapes, Whole Wheat Bread	Cheese Quesadilla, Carrot Sticks, Apples	Taco Casserole, tomatoes, Melon
PMS	Chicken Noodle Soup with Carrots	Baked Apples with Oatmeal	Chicken Salad with Club Crackers	Banana bread and Juice	Tomato Soup and Oyster Crackers
	27	28	29	30	31
BF	<b>Closed</b>  <b>Memorial Day</b>	Pancakes & Oranges	Whole Wheat Toast & Bananas	Oatmeal & Grapes	Muffins & Oranges
AMS		Apple Sauce	Mandarin Oranges	Bananas	Fresh Vegetables with Ranch Dip
Lnch		Baked Whole Wheat Mostaccioli & Meat Sauce, Broccoli, Apples	Pork Roast, Roasted Potato, Grapes, Whole Wheat Bread	Baked Chicken, Carrots, Melon, Cheesy Brown Rice	Sloppy Joes, Mixed Vegetables, Mixed Fruit
PMS		Vegetable Soup with Oyster Crackers	Bagels & Cream Cheese	Egg Salad with Whole Grain Club Crackers	Pumpkin Bread and Juice

Abbreviations: BF - Breakfast, AMS - AM Snack, Lnch - Lunch, PMS - PM Snack  
Milk is served with Breakfast, AM Snack, and Lunch