


Little Learners Menu



September 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
ABV				1	2
BF				English Muffins & Grapes	Bisquits & Oranges
AMS				Bananas	Apples
Lnch				Mac & Cheese, Peas, Pineapple	Cheese Quesadilla, Carrot Sticks, Grapes
PMS				Pretzels & Juice	Pumpkin Bread & Juice
	5	6	7	8	9
BF	Closed	Cinnamon Toast & Oranges	Waffles & Banana	Toast & Grapes	Bagles & Oranges
AMS		Apples	Fresh Vegetables with Ranch Dip	Bananas	Oranges
Lnch		Spaghetti with Meat (Meatless Meat), Green Beans, Pears	Creamy Chicken (Lentils), Cheesy Rice, Carrots, Melon	Meatloaf (Boca Burger), Mashed Potatoes, Bread, Peaches	Ham Sandwich (Cheese), Carrots, Grapes,
PMS		Cereal Mix & Juice	Bagel & Cream Cheese	Graham Crackers & Juice	Banana Bread & Juice
	12	13	14	15	16
BF	Cereal & Apples	Oatmeal & Oranges	Pancakes & Bananas	English Muffins & Grapes	Toast & Oranges
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Apples
Lnch	Fish Sticks (Baked Beans), Mixed Veg Bread, Pears	Beef Stroganoff (Meatless Meat), Broccoli, Peaches	Cheese Ravioli, Green Beans, Apple Sauce	Tuna Casserole (Cheese), Peas, Melon	Grilled Cheese, Tomato Soup, Grapes
PMS	Fish Crackers & Juice	Yogurt with Fruit	Pretzels & Juice	Chicken (Vegetable) Noodle Soup & Carrots	Pumpkin Bread & Juice
	19	20	21	22	23
BF	Cereal & Apples	Cinnamon Toast & Oranges	Waffles & Banana	Toast & Grapes	Bagles & Oranges
AMS	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Oranges
Lnch	Meatball Sandwich (Meatless Meat), Mixed Vegetable, Peaches	Mostaccioli & Meat Sauce (Cheese), Broccoli, Applesauce	Chicken Tetrizzini (Cheese), Corn, Pears	Chicken Legs (Chili Beans), Seasoned Rice, Peas, Melon	Turkey Sandwich (Cheese), Carrots, Grapes
PMS	Vegetable Soup & Crackers	Cheese Cubes & Crackers	Graham Cracker & Apple Juice	Cereal Mix & Juice	Banana Bread & Juice
	26	27	28	29	30
	Cereal & Apples	Waffles & Oranges	Bisquits & Bananas	English Muffins & Grapes	Toast & Oranges
	Oranges	Apples	Fresh Vegetables with Ranch Dip	Bananas	Apples
	Lasagna (Cheese), California Medley, Pineapple	BBQ Chicken (Black Beans), Mashed Potatoes, Bread, Pears	Taco Bake (Beans), Tomatos, Mixed Fruit	Egg & Hash Brown Casserole, Toast, Melon	Cheeseburgers (Boca Burger), Carrots, Grapes
	Pretzels & Juice	Yogurt & Juice	Fish Crackers & Juice	Tomato Soup & Oyster Crackers	Pumpkin Bread & Juice

Abbreviations: BF - Breakfast, AMS - AM Snack, Lnch - Lunch, PMS - PM Snack
Milk is served with Breakfast, AM Snack, and Lunch