Locally Hosted Online AA Meeting (Zoom) 7am - 7 days/week: Attitude Adjustment - Meeting ID: 535 038 766 / PWD: gratitude

Monday

7am - O
On Awakening
(Meditation & Share)
The Cellar (Downstairs)
717A Vernon St, Nelson

12pm - O, D, WA
Love & Tolerance
Castlegar United Church
809 Merrycreek Rd, Castlegar

5pm - O, D
Sober Steppers
Meeting ID:
652 944 5597
PWD: 741025

6pm - C, D
Sober Reflections
602 Silica St, Nelson

6pm - O, D
Nelson Women's Meeting
The Cellar (Downstairs)
717A Vernon St, Nelson

7pm - C, D
Sobriety Sisters, Women's Meeting
The Pavilion Annex,
401 Galena Ave,
New Denver

7pm - C, S
Trail Unity AA Group
1347 Pine Ave, Trail
Entry at back across from Ferraro's lot

8pm - C, D
F-Troop
The Cellar (Downstairs)
717A Vernon St, Nelson

Tuesday

7am - O
On Awakening
(Meditation & Share)
The Cellar (Downstairs)
717A Vernon St, Nelson

7am - O, D, WA
Unity Works (11th Step Meditation Meeting)
Castlegar United Church
809 Merrycreek Rd, Castlegar

12pm - O, D
Lunch Bunch Group
The Cellar (Downstairs)
717A Vernon St, Nelson

4:30pm - O
Keep it Simple
St Mark's Ang Church
(back door) 601 5th St, Kaslo

7pm - O, D
White Flag Group
809 Merrycreek Rd, Castlegar
(Downstairs)

7pm - C, D
The Open Door
The Cellar (Downstairs)
717A Vernon St, Nelson
Speaker meeting on last Tuesday of the month

7pm - C, D, WA
3410 Rossland Group
1916 1st Ave, Rossland

8pm - C, BB
Salmo Loop Group
430 Cady St, Salmo

Wednesday

7am - O
On Awakening
(Meditation & Share)
The Cellar (Downstairs)
717A Vernon St, Nelson

5pm - O, D
A Broad Hwy-Secular AA
The Cellar (Downstairs)
717A Vernon St, Nelson

7pm - O, D, WA
Willingness Wednesday
611 Fifth St, Nelson

7pm - C, D, WA
Nakusp Group
NEW LOCATION
Seniors Hall, 210 8th Ave NW, Nakusp

7pm (MST) - C, BB
Crawford Bay AA
Community Corner Bldg.
15990 Hwy 3a
Crawford Bay

7pm - O, D (Beginner)
Trail Unity AA Group
1347 Pine Ave, Trail
Entry at back across from Ferraro's lot

Thursday

7am - O
On Awakening
(Meditation & Share)
The Cellar (Downstairs)
717A Vernon St, Nelson

12pm - O, D
Lunch Bunch Group
The Cellar (Downstairs)
717A Vernon St, Nelson

7pm - O, BB, WA
Sisters Of Sobriety
(Women's Group)
Castlegar United Church
809 Merrycreek Rd, Castlegar

7pm - C, BB
The Way Out
Sponsorship Meeting
The Cellar (Downstairs)
717A Vernon St, Nelson

Friday

7am - O
On Awakening
(Meditation & Share)
The Cellar (Downstairs)
717A Vernon St, Nelson

7am - O, D, WA
Love & Tolerance
(Meditation & Share)
Castlegar United Church
809 Merrycreek Rd, Castlegar

6pm - O, BB
Freedom Friday
Salvation Army
Josephine St, Nelson

7pm - O, D
New Denver Tea Toddlers
401 Galena Ave,
New Denver

7pm - C, BB
Trail Unity AA Group
1347 Pine Ave, Trail
Entry at back across from Ferraro's lot

7pm - O, S
The Mad Realm
1801 Connors Road,
Castlegar

Saturday

7am - O
On Awakening
(Meditation & Share)
The Cellar (Downstairs)
717A Vernon St, Nelson

12pm - O, D
Lunch Bunch Group
The Cellar (Downstairs)
717A Vernon St, Nelson

12pm - O, D, WA
Love & Tolerance
Castlegar United Church
809 Merrycreek Rd, Castlegar

7pm - O, D, WA
Saturday Night Solutions
611 Fifth St, Nelson

Sunday

9am - O, D
Sunlight of the Spirit
(Meditation)
The Cellar (Downstairs)
717A Vernon St, Nelson

10am - O, D
The Mad Realm
1801 Connors Road,
Castlegar

5pm - O, D, WA
Nakusp Group
317 Broadway St (back entrance), Nakusp

7pm - O, D, WA
Turning Point Group
Junction Church, 2840 Eden Rd, South Slocan

7:30pm - C, D
Fruitvale Group
Fruitvale Christian Fellowship
1878 Columbia Gardens Rd, Fruitvale

Legend

O - Open meeting, observers and non-alcoholics welcome
C - Closed meeting, for people with a problem with alcohol & AA members
WA - Wheelchair accessible
D - Discussion/Topic meeting
BB - Big Book Study
S - Step Study

District AA Helpline

1-250-800-4125

To contact an AA member call **1-250-800-4125** or email us at **district75aa@gmail.com**
For more information about AA and local events visit www.aawestkootenays.org