

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

**Locally Hosted Online AA Meeting (Zoom) 7am - 7 days/week: Attitude Adjustment - Meeting ID: 535 038 766 / PWD: gratitude**

**7am - O**  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm - O, D, WA**  
Love & Tolerance  
Castlegar United  
Church  
809 Merrycreek Rd,  
Castlegar

**5pm - O, D**  
Sober Steppers  
**Meeting ID:**  
652 944 5597  
**PWD:** 741025

**6pm - C, D**  
Sober Reflections  
602 Silica St, Nelson

**6pm - O, D**  
Nelson Women's  
Meeting  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7pm - C, D**  
Sobriety Sisters,  
Women's Meeting  
The Pavilion Annex,  
401 Galena Ave,  
New Denver

**7pm - C, S**  
Trail Unity AA Group  
1347 Pine Ave, Trail  
*Entry at back across  
from Ferraro's lot*

**8pm - C, D**  
F-Troop  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7am - O**  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7am - O, D, WA**  
Unity Works (11th Step  
Meditation Meeting)  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**12pm - O, D**  
Lunch Bunch Group  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**4:30pm - O**  
Keep it Simple  
St Mark's Ang Church  
(back door) 601 5th St,  
Kaslo

**7pm - O, D**  
White Flag Group  
809 Merrycreek Rd,  
Castlegar  
(Downstairs)

**7pm - C, D**  
The Open Door  
The Cellar (Downstairs)  
717A Vernon St, Nelson  
**Speaker meeting on last  
Tuesday of the month**

**7pm - C, D, WA**  
3410 Rossland Group  
1916 1st Ave, Rossland

**8pm - C, BB**  
Salmo Loop Group  
430 Cady St, Salmo

**7am - O**  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**5pm - O, D**  
A Broad Hwy-Secular AA  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7pm - O, D, WA**  
Willingness Wednesday  
611 Fifth St, Nelson

**7pm - C, D, WA**  
Nakusp Group  
317 Broadway St, (back  
entrance), Nakusp

**7pm (MST) - C, BB**  
Crawford Bay AA  
Community Corner Bldg.  
15990 Hwy 3a  
Crawford Bay

**7pm - O, D (Beginner)**  
Trail Unity AA Group  
1347 Pine Ave, Trail  
*Entry at back across from  
Ferraro's lot*

**7am - O**  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm - O, D**  
Lunch Bunch Group  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm - O, D, WA**  
Love & Tolerance  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7pm - O, BB, WA**  
Sisters Of Sobriety  
(Women's Group)  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7pm - O, BB**  
The Way Out Big Book  
Sponsorship Meeting  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7am - O, D, WA**  
Unity Works (11th Step  
Meditation Meeting)  
809 Merrycreek Rd,  
Castlegar

**7am - O**  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**6pm - O, BB**  
Freedom Friday  
Salvation Army  
Josephine St, Nelson

**7pm - O, D**  
New Denver Tea  
Toddlers  
401 Galena Ave,  
New Denver

**7pm - C, BB**  
Trail Unity AA Group  
1347 Pine Ave, Trail  
*Entry at back across  
from Ferraro's lot*

**7pm - O, S**  
The Mad Realm  
1801 Connors Road,  
Castlegar

**7am - O**  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm - O, D**  
Lunch Bunch Group  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm - O, D, WA**  
Love & Tolerance  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7pm - O, D, WA**  
Saturday Night Solutions  
611 Fifth St, Nelson

**9am - O, D**  
Sunlight of the Spirit  
(Meditation)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**10am - O, D**  
The Mad Realm  
1801 Connors Road,  
Castlegar

**5pm - O, D, WA**  
Nakusp Group  
317 Broadway St (back  
entrance), Nakusp

**7pm - O, D, WA**  
Turning Point Group  
Junction Church, 2840  
Eden Rd, South Slokan

**7:30pm - C, D**  
Fruitvale Group  
Fruitvale Christian  
Fellowship  
1878 Columbia Gardens  
Rd, Fruitvale

**Legend**

**O** - Open meeting, observers and non-alcoholics welcome

**C** - Closed meeting, for people with a problem with alcohol & AA members

**WA** - Wheelchair accessible

**D** - Discussion/Topic meeting

**BB** - Big Book Study

**S** - Step Study

To contact an AA member call **1-250-800-4125** or email us at **district75aa@gmail.com**

**For more information about AA and local events visit [www.aawestkootenays.org](http://www.aawestkootenays.org)**

**District AA Helpline**

**1-250-800-4125**