

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

**Locally Hosted Online AA Meeting (Zoom)**

7am - 7 days/week: Attitude Adjustment - Meeting ID: 535 038 766 / pwd: gratitude

**7am (PST)** - O  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm (PST)** - O, D, WA  
Love & Tolerance  
Castlegar United  
Church  
809 Merrycreek Rd,  
Castlegar

**5pm (PST)** - O, D  
Sober Steppers  
**Meeting ID:** 652 944  
5597  
**PW:** 741025

**6pm (PST)** - C, D  
Sober Reflections  
602 Silica St, Nelson

**6pm (PST)** - O, D  
Nelson Women's  
Meeting  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7pm (PST)** - C, D  
Sobriety Sisters,  
Women's Meeting  
The Pavilion Annex,  
401 Galena Ave,  
New Denver

**7pm (PST)** - C, S  
Trail Unity AA Group  
1300 Pine Ave, Trail

**8pm (PST)** - C, D  
F-Troop  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7am (PST)** - O, D, WA  
Unity Works (11th Step  
Meditation Meeting)  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**12pm (PST)** - O, D  
Lunch Bunch Group  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**4:30pm (PST)** - O  
Keep it Simple  
St Mark's Ang Church  
(back door) 601 5th St,  
Kaslo

**7pm (PST)** - O, D  
White Flag Group **[NEW  
LOCATION]**  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7pm (PST)** - C, D  
Tuesday Night Men's  
Group  
The Cellar (Downstairs)  
717A Vernon St, Nelson  
**All welcome to speaker  
meeting on last Tuesday  
of the month**

**7pm (PST)** - C, D, WA  
3410 Rossland Group  
1916 1st Ave, Rossland

**7pm (PST)** - BB  
Slocan Big Book Study  
Group Back of Church at  
Arthur St and Park Ave,  
Slocan

**8pm (PST)** - C, BB  
Salmo Loop Group  
430 Cady St, Salmo

**7am (PST)** - O  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**5pm (PST)** - O, D  
A Broad Hwy-Secular AA  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7pm (PST)** - O, D, WA  
Willingness Wednesday  
611 Fifth St, Nelson

**7pm (PST)** - C, D, WA  
Nakusp Group  
317 Broadway St, (back  
entrance), Nakusp

**7pm (MST)** - C, BB  
Crawford Bay AA  
Community Corner Bldg.  
15990 Hwy 3a  
Crawford Bay

**7pm (PST)** - O, D  
(Beginner)  
Trail Unity AA Group  
1300 Pine Ave, Trail

**12pm (PST)** - O, D  
Lunch Bunch Group  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm (PST)** - O, D, WA  
Love & Tolerance  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7pm (PST)** - O, BB, WA  
Sisters Of Sobriety  
Women's Group  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7pm (PST)** - O, BB  
The Way Out Big Book  
Sponsorship Meeting  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**7am (PST)** - O, D, WA  
Unity Works (11th Step  
Meditation Meeting)  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7am (PST)** - O  
On Awakening  
(Meditation & Share)  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**6pm (PST)** - O, BB  
Freedom Friday  
Salvation Army  
Josephine St, Nelson

**7pm (PST)** - O, D  
New Denver Tea  
Toddlers  
The Pavilion Annex,  
401 Galena Ave,  
New Denver

**7pm (PST)** - C, BB  
Trail Unity AA Group  
1300 Pine Ave, Trail

**12pm (PST)** - O, D  
Lunch Bunch Group  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**12pm (PST)** - O, D, WA  
Love & Tolerance  
Castlegar United Church  
809 Merrycreek Rd,  
Castlegar

**7pm (PST)** - O, D, WA  
Saturday Night Solutions  
611 Fifth St, Nelson

**9am (PST)** - O, D  
Sunlight of the Spirit  
The Cellar (Downstairs)  
717A Vernon St, Nelson

**10am (PST)** - O, D  
Sunday AM  
1801 Connors Road,  
Castlegar

**5pm (PST)** - O, D, WA  
Nakusp Group  
317 Broadway St (back  
entrance), Nakusp

**5pm (PST)** - O, BB  
Sunday Steps &  
Traditions  
**Meeting ID:**  
878 8530 3804  
**PW:** 211816

**7pm (PST)** - O, D, WA  
Turning Point Group  
Junction Church, 2840  
Eden Rd, South Slocan

**7:30pm (PST)** - C, D  
Fruitvale Group  
Fruitvale Christian  
Fellowship  
1878 Columbia Gardens  
Rd, Fruitvale

**Legend**

**O** - Open meeting, observers and non-alcoholics welcome

**C** - Closed meeting, for people with a problem with alcohol & AA members

**WA** - Wheelchair accessible

**D** - Discussion/Topic meeting

**BB** - Big Book Study

**S** - Step Study

To contact an AA member call **1-250-800-4125** or email us at **district75aa@gmail.com**

For more information about AA and local events visit **www.aawestkootenays.org**

**District AA Helpline**

**1-250-800-4125**