

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Locally Hosted Online AA Meeting (Zoom) 7am - 7 days/week: Attitude Adjustment - Meeting ID: 535 038 766 / pwd: gratitude						
7am (PST) - O On Awakening (Meditation & Share) The Cellar (Downstairs) 717A Vernon St, Nelson 12pm (PST) - O, D, WA Love & Tolerance Castlegar United Church 809 Merrycreek Rd, Castlegar 5pm (PST) - O, D Sober Steppers Meeting ID: 652 944 5597 PW: 741025 6pm (PST) - C, D Sober Reflections 602 Silica St, Nelson 6pm (PST) - O, D Nelson Women's Meeting The Cellar (Downstairs) 717A Vernon St, Nelson 7pm (PST) - C, D Sobriety Sisters, Women's Meeting The Pavilion Annex, 401 Galena Ave, New Denver 7pm (PST) - C, S Trail Unity AA Group 1300 Pine Ave, Trail 8pm (PST) - C, D F-Troop The Cellar (Downstairs) 717A Vernon St, Nelson	7am (PST) - O On Awakening (Meditation & Share) The Cellar (Downstairs) 717A Vernon St, Nelson 7am (PST) - O, D, WA Unity Works (11th Step Meditation Meeting) Castlegar United Church 809 Merrycreek Rd, Castlegar 12pm (PST) - O, D Lunch Bunch Group The Cellar (Downstairs) 717A Vernon St, Nelson 4:30pm (PST) - O Keep it Simple St Mark's Ang Church (back door) 601 5th St, Kaslo 7pm (PST) - O, D White Flag Group Castlegar United Church 809 Merrycreek Rd, Castlegar 7pm (PST) - C, D Tuesday Night Men's Group The Cellar (Downstairs) 717A Vernon St, Nelson <i>All welcome to speaker meeting on last Tuesday of the month</i> 7pm (PST) - C, D, WA 3410 Rossland Group 1916 1st Ave, Rossland 8pm (PST) - C, BB Salmo Loop Group 430 Cady St, Salmo	7am (PST) - O On Awakening (Meditation & Share) The Cellar (Downstairs) 717A Vernon St, Nelson 5pm (PST) - O, D A Broad Hwy-Secular AA The Cellar (Downstairs) 717A Vernon St, Nelson 7pm (PST) - O, D, WA Willingness Wednesday 611 Fifth St, Nelson 7pm (PST) - C, D, WA Nakusp Group 317 Broadway St, (back entrance), Nakusp 7pm (MST) - C, BB Crawford Bay AA Community Corner Bldg. 15990 Hwy 3a Crawford Bay 7pm (PST) - O, D (Beginner) Trail Unity AA Group 1300 Pine Ave, Trail 7pm (PST) - BB Slocan Big Book Study Group Back of Church at Arthur St and Park Ave, Slocan	7am (PST) - O On Awakening (Meditation & Share) The Cellar (Downstairs) 717A Vernon St, Nelson 12pm (PST) - O, D Lunch Bunch Group The Cellar (Downstairs) 717A Vernon St, Nelson 12pm (PST) - O, D, WA Love & Tolerance Castlegar United Church 809 Merrycreek Rd, Castlegar 7pm (PST) - O, BB, WA Sisters Of Sobriety Women's Group Castlegar United Church 809 Merrycreek Rd, Castlegar 7pm (PST) - O, BB The Way Out Big Book Sponsorship Meeting The Cellar (Downstairs) 717A Vernon St, Nelson	7am (PST) - O, D, WA Unity Works (11th Step Meditation Meeting) Castlegar United Church 809 Merrycreek Rd, Castlegar 7am (PST) - O On Awakening (Meditation & Share) The Cellar (Downstairs) 717A Vernon St, Nelson 6pm (PST) - O, BB Freedom Friday Salvation Army Josephine St, Nelson 7pm (PST) - O, D New Denver Tea Toddlers 401 Galena Ave, New Denver 7pm (PST) - C, BB Trail Unity AA Group 1300 Pine Ave, Trail 7pm (PST) - O, S [Starting Nov 28/25] The Mad Realm 1801 Connors Road, Castlegar	7am (PST) - O On Awakening (Meditation & Share) The Cellar (Downstairs) 717A Vernon St, Nelson 12pm (PST) - O, D Lunch Bunch Group The Cellar (Downstairs) 717A Vernon St, Nelson 12pm (PST) - O, D, WA Love & Tolerance Castlegar United Church 809 Merrycreek Rd, Castlegar 7pm (PST) - O, D, WA Saturday Night Solutions 611 Fifth St, Nelson	9am (PST) - O, D Sunlight of the Spirit (Meditation) The Cellar (Downstairs) 717A Vernon St, Nelson 10am (PST) - O, D The Mad Realm 1801 Connors Road, Castlegar 5pm (PST) - O, D, WA Nakusp Group 317 Broadway St (back entrance), Nakusp 7pm (PST) - O, D, WA Turning Point Group Junction Church, 2840 Eden Rd, South Slocan 7:30pm (PST) - C, D Fruitvale Group Fruitvale Christian Fellowship 1878 Columbia Gardens Rd, Fruitvale
Legend O - Open meeting, observers and non-alcoholics welcome C - Closed meeting, for people with a problem with alcohol & AA members WA - Wheelchair accessible D - Discussion/Topic meeting BB - Big Book Study S - Step Study				District AA Helpline 1-250-800-4125		
To contact an AA member call 1-250-800-4125 or email us at district75aa@gmail.com For more information about AA and local events visit www.aawestkootenays.org						