



CONFIDENTIALITY AND NON-DISCLOSURE AGREEMENT

This Confidentiality and Non-Disclosure Agreement is made between James Linton of North Star Grit and you, the client (coachee).

All discussions with the coachee and the materials provided to coachee are for the coachee's purposes. The coachee determines what practices will work best.

By agreeing to coaching, the coachee agrees to hold all information confidential, and will not disclose to others outside of the coaching agreement.

The coach will also honor confidentiality and will not disclose any coachee information to others outside of the coaching agreement, except to prevent harm to coachee or others. The context of each session is to be safe and confidential.

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