

CPR COURSE SELECTION

BASIC LIFE SUPPORT (BLS)

Course Content:

- CPR and AED Use for Adults, Children, and Infants
- Basic Airway Management
- Choking Relief for All

Best Suited For:

- Healthcare Professionals and Students
- Medical Students
- Paramedics

HEARTSAVER CPR

Level C

- CPR and AED Use for Adults, Children, and Infants

Best Suited For:

- Lifeguards
- Police Officers
- Firefighters
- Daycare Workers
- Teachers
- General Public

Level A

- Basic CPR and AED Use for Adults
- Choking Relief in Adults

Best Suited For:

- Office Workers
- Community Volunteers
- Senior Caregivers
- General Public