







# KRISTEN LANGBAUER

MAC, MBA, LPC, CFI, CCTP-I, CFRS

## CONTACT

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-  [Psychology Today](#)

## FORMAL EDUCATION

**Adams State University**  
Master of Arts in Clinical Mental Health Counseling

**University of Texas**  
Master of Business Administration (MBA)

**University of Texas**  
Bachelor of Arts in Criminal Justice with a minor in Sociology

**San Antonio College**  
Associate of Arts in Psychology

**LCDC School of Austin, now ICDS**  
Licensed Chemical Dependency Training

## LICENSE

Colorado Licensed Professional Counselor  
LPC.0022099

## CERTIFICATIONS

- Child Family Investigator (CFI)
- Certified Clinical Trauma Professional (CCTP-I)
- Certified Family Reunification Specialist (CFRS)

## FACILITATED TRAINING

- High-Conflict Divorce and Separation Group for Men
- Divorce and Separation Support Group for Women
- Special Education Advocacy Training

## PROFESSIONAL ORGANIZATIONS

- American Counseling Association (ACA)
- Parental Alienation Study Group (PASG)

## MENTORSHIP & CONSULT

- Ongoing consultations and mentorship with Dr. Craig Childress

Hello, my name is Kristen Langbauer. I hold an Associate of Arts degree in Psychology from San Antonio College, a Bachelor of Arts degree in Criminal Justice with a minor in Sociology, a Master of Business Administration from the University of Texas, and a Master of Arts degree in Clinical Mental Health Counseling from Adams State University.

I am trained in evidence-based therapies and interventions, including Person-Centered Therapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Internal Family Systems (IFS), Family Systems Theory (FST), Attachment-Based Therapy, Certified in Reunification/Reintegration Therapy, Experiential Therapy, Motivational Interviewing (MI), Trauma Therapy, and Gottman Levels 1 and 2. I also have expertise in chemical dependency and have over 20 years of experience as a Special Education Advocate.

I have experience in building collaborative relationships with Child Family Investigators (CFIs), Parental Responsibility Evaluators (PREs), social services, the court system, and law enforcement.

I specialize in reunification (reintegration) and court-ordered family therapy, with a focus on enhancing the parent-child relationship. In my role as a reunification and court-ordered family therapist, the child is my primary client. My professional practice is informed by clinical sessions, professional interviews, collateral interviews, a review of relevant documentation, and, most importantly, the safety of the child or children involved. I utilize an evidence-based theoretical approach to reunification therapy, drawing from Attachment Theory and Family Systems Theory.

The goals of reunification therapy are to promote healthy adjustments for the child and enhance the roles and functioning of parents within the family system. Our aim is to ensure that each child maintains a healthy relationship with both parents and to help the family system return to a positive dynamic.

As a therapist, I collaborate with my clients to pinpoint the areas in their lives where they feel stuck. Through a nonjudgmental approach, I guide them in discovering their inner strength and help them overcome obstacles that hinder them from living a vibrant life. I believe in the power of the partnership between therapist and client. Therapy is a journey of growth and self-discovery, and I affirm that your identities and experiences are significant to me.

## SPECIALIZATIONS

**Therapy:** Reunification, Reintegration, Court-Ordered Family Therapy, Individual and Family Therapy  
**Personality Disorders:** Antisocial Personality (**ASPD**), Borderline Personality (**BPD**), Histrionic (**HPD**), Narcissistic Personality (**NPD**), and Paranoid, Schizotypal, Avoidant, and Dependent personality disorders  
**Psychotic Disorders:** Schizophrenia, Schizoaffective Disorder, Bipolar I & II  
**Trauma Related Stressors:** Adjustment Disorder, Post Traumatic Stress Disorder, Complex Trauma  
**Conduct Disorders:** Oppositional Defiant and Conduct Disorders  
**Attachment Disorders:** Anxious-Preoccupied, Dismissive-Avoidant, Fearful-Avoidant, and Secure attachment  
**Relationships:** Divorce, High-Conflict Relationships, Family Conflict, Relationship Issues, Pathogenic Parenting  
**Child Abuse:** Physical, Sexual, and Psychological Abuse, Maltreatment, and Neglect  
**Abuse:** Domestic Violence, Partner Abuse  
**Anxiety Disorders:** Generalized, Panic, Social, and Separation Anxiety disorders.

## COUNSELING EXPERIENCE

**REFLECT FAMILY THERAPY & COUNSELING**  
*Mental Health Therapist*

**BRIDGES OF COLORADO**  
*Court Liaison*

**PARKER COUNSELING SERVICES**  
*Mental Health Therapist*

**RELATE FAMILY THERAPY & COUNSELING**  
*Practicum/Internship, Mental Health Therapist*

**COLORADO DEPARTMENT OF CORRECTIONS**  
**WOMEN'S RESIDENTIAL TREATMENT PROGRAM**  
*MH II and Social Worker/Counselor II*

## PROFESSIONAL EXPERIENCE

**THE LAW OFFICE OF PATRICIA WUESTE**  
*Family Law Investigations/Paralegal*

**STINSON LLP**  
*Law Office Administration*

**UNIVERSITY OF TEXAS MEDICAL BRANCH**  
*Legal Affairs, Administration*

**UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER**  
*Administration*

**COLORADO PERMANENTE MEDICAL GROUP**  
*Project Management - Medical Informatics*

**TEXAS JUVENILE JUSTICE DEPARTMENT**  
*Administration*

## ADDITIONAL TRAINING

**National Board of Forensic Evaluators, Parental Reunification** presented by Dr. Norman Hoffman, Licensed Mental Health Counselor, Licensed Marriage & Family Therapist, and Founder and President of the National Board of Forensic Evaluators (NBFE)

**Parental Reunification Therapy** presented by Dr. Tom Black, PhD in Psychology and LPC and Gina Loratelli, High Conflict Co-Parent Communication Coach

**Parental Alienation: Reunification Therapy** presented by Michael Holler, MA, NCC, CCMHC, CFMHE, CCCE LMHC

**Reunification and Court Orders: Best Practices to Be on the Same Page** presented by The Honorable Emily Miskel, *470th District Court of Collin County*, McKinney, Texas, Aaron Robb, Ph.D., Susan Fletcher, Ph.D. and Christy Bradshaw Schmidt, MA, LPC,

**When Parents are at War; A Child Therapist's Guide to Navigating High Conflict Divorce and Custody Cases**, presented by Lynn Louise Wonders. LPC, RPT-S, CPCS

**A Blueprint for Parenting Children Ages 0 to 7: A Foundation for Good Mental Health**, presented by Michelle Jensen, Counselor, David Bones MBA, Counselor, Dennis Morrow M.A.Ed.

**Family Mediation Training**, presented by Family Solutions

**Couples Therapy for Treating Trauma: The Gottman Method Approach**, presented by John M. Gottman, PhD; Julie Schwartz Gottman, PhD

**Treating Complex Trauma Client at the Edge: How Brain Science Can Inform Interventions**, presented by Frank Anderson, MD

**Overcoming Trauma-Related Shame and Self-Loathing**, presented by Janina Fisher, PhD

**Cultural and Historical Traumas: Invisible Barriers to Healing and Change**, presented by Anita Mandley, MS, LCPC

**The Essentials of Effective Trauma Treatment: How to Go Beyond the Technique**, presented by Mary Jo Barrett, MSW

**Trauma-Informed**, presented by Survivor-Centered Advocacy

**The Complete Internal Family Systems (IFS) Therapy**, presented by Stacy Ruse, LPC

**The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma**, presented by Bessel Van Der Kolk, MD

**Internal Family Systems Therapy Intensives**, presented by Elizabeth Taubert, LCSW, RN, MS

**Mastering the Craft of Treating Trauma: Four Core Skills**, presented by Deany Lalotitis, LICSW

**Healing from the Bottom Up: How to Help Clients Access Resource States**, presented by Peter Levine, PhD

**Understanding Abusers**, presented by Teresa Crowe, PhD, LICSW

**Understanding Domestic Violence**, presented by Michele Lloyd

**Domestic Violence and Education**, presented by Michele Lloyd

**Protective Factors for Sexual Violence: Understanding Trajectories Related to Perpetration in High School**, presented by Kathleen C. Basile, PhD

**Intimate Partner Violence: Prevalence, Indicators, and Theories**, presented by Teresa Crowe, PhD, LICSW

**Intimate Partner Violence: Assessment, Safety Planning, Trauma, Sociocultural Aspects, Perpetrator Dynamics and Legal Issues**, presented by Teresa Crowe, PhD, LICSW

**Child Abuse Assessment and Reporting**, presented by Teresa Crowe, PhD, LICSW, Heidi Dalzell, Psy.D.

**Child Maltreatment: Child Abuse and Neglect**, presented by Teresa Crowe, PhD, LICSW

**Acts of Omission: An Overview of Child Neglect**, presented by Teresa Crowe, PhD, LICSW

**Clinical Certification Association of Licensed Professionals, Justitia Foundation, Reunification Therapist Certification Training**, presented by Tom Black, PhD, LPC, LMHC, Vincentia Paul-Constantin, PhD, LPC, LMHC

**CJD 04-08; CFI Eligibility and Complaints** presented by Jacquelyn Fitzgerald, PRE/CFI Program Coordinator

**CJD 04-08; Standards** presented by Jacquelyn Fitzgerald, PRE/CFI Program Coordinator

**CJD 04-05 State Pay Appointments** presented by Jaime Watman, JD, Director of the Office of Dispute Resolution at the State Court Administrator's Office

**CFI Appointments (C.R.S. §14-10-116.5, Forms, Policies, Procedures)** presented by Judge Jill Brady, Fourth Judicial District from 2013-2015, presiding over a domestic relations docket

**Pre-Decree Parenting Time Statutes; C.R.S. §14-10-123.4 and C.R.S. §14-10-124** presented by Judge Jill Brady, Fourth Judicial District from 2013-2015, presiding over a domestic relations docket

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**Domestic Violence: Comings and Goings** presented by Justice Janice Rosa, Supervising Judge of Family Courts (Ret.), Buffalo and Western New York

**Mental Health Basics** presented by Kathleen McNamara, PhD, PLLC

**Parent-Child Relationship Problems** presented by Kathleen McNamara, PhD, PLLC

**Child Interviews** presented by Magistrate Kristen Tarrin, 22nd Judicial District

**Child Abuse- Recognize and Mandatory Reporting** presented by Dr. Nichole Wallace, Board Certified in General Pediatrics and Child Abuse Pediatrics

**Child Abuse- Trauma and Brain Development** presented by Dr. Nichole Wallace, Board Certified in General Pediatrics and Child Abuse Pediatrics

**CFI Play by Play- Investigation shell from start to finish** presented by Magistrate Kristen Tarrin, 22nd Judicial District

**Address Confidentiality Program** presented by Olive Henline, Outreach Training Coordinator

**Intake Interviews** presented by Holly Panetta, esq., Peak Empowerment

**TRAILS Reports** presented by Adrianna Sauer, Ongoing Casework Specialist-in-home

**Safety Tips and Home Visit Do's and Don'ts** presented by Holly Panetta, esq., Peak Empowerment

**Court Professionals and What CFIs Need to Know** presented by Guibsi Greer, Language. Access Analyst. II and Heri Gandia, Statewide. Administrator

**DR/D&N Interplay and Restriction of Parenting Time** presented by Judge Laurie Clark, 7th Judicial District Magistrate with primarily a domestic relations docket

**Post Decree Parenting Time** presented by Magistrate Michelle Haynes, 2nd Judicial District (Denver)

**All about 14-10-127.5** presented by Magistrate Michelle Haynes, 2nd Judicial District (Denver) and Amy Pohl

**Best practice for Domestic Violence Evaluations** presented by Dr. Brenna Tindall, Licensed Psychologist and Certified Addiction Specialist

**Substance Abuse** presented by Lorraine Bockman, LCSW, LAC

**Parenting Plans** presented by Judge Robert Lung, 18th Judicial District and then in the 23rd Judicial District and Daniel Deasy, esq.

**Investigating Collateral Sources & Bench and CFI perspectives** presented by Magistrate Michael Lord-Blegan, Denver District Court and Laurence Gendleman, esq., family law attorney, child and family investigator, and partner at Gendelman Klimas, Ltd

**Fact Analysis: Bench and CFI Perspectives** presented by Magistrate Michael Lord-Blegan, Denver District Court and Laurence Gendleman, esq., family law attorney, child and family investigator, and partner at Gendelman Klimas, Ltd

**Writing the CFI Report** presented by Magistrate Michael Lord-Blegan, Denver District Court and Laurence Gendleman, esq., family law attorney, child and family investigator, and partner at Gendelman Klimas, Ltd

**TRAILS Reporting and DHS** presented by Korey Elger, Permanency Manager at Colorado Department of Human Services, Jennifer Mullenbach, LCSW and Gretchen Russo, Judicial and Legislative Administrator

**CAC Billing** presented by SCAO

**Testifying in Court, Including Evidence Basics: Perspectives of the Examiner, the Examined, and the Decider**, presented by Colorado Judicial Branch

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