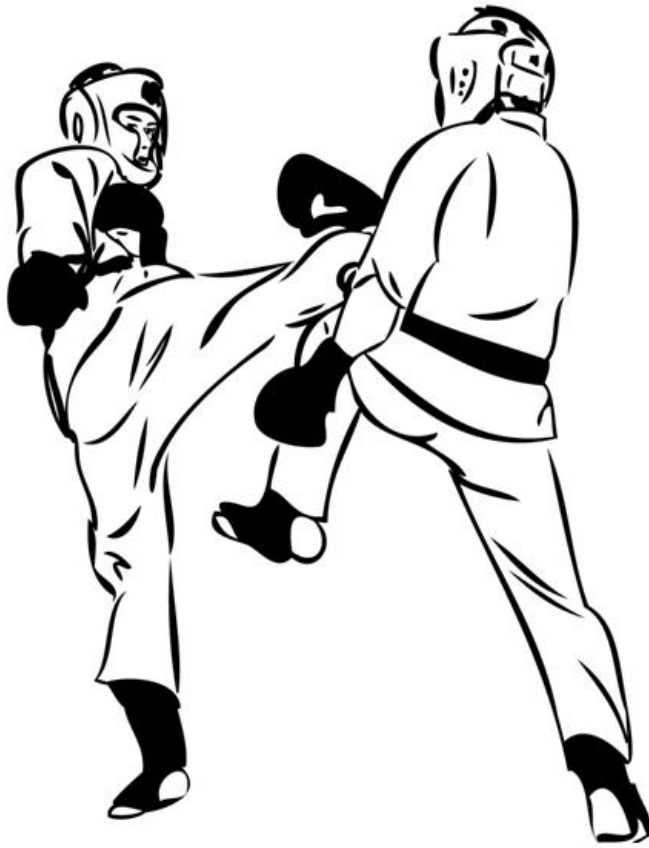


SideKick Karate Tournament

Sparring, Empty-hand Kata, & Weapon Kata

Presented by **SideKick Karate Dojo of Salisbury, North Carolina**



Saturday,
October 14, 2017

First Baptist Church

Family Ministry Center Building
220 North Fulton Street
Salisbury, N.C. 28144

**All Competitors Receive
4-foot Beautiful Trophies**

**Empty-hand Kata, Weapons
Kata, & Continuous Sparring**

One Event: \$40

Two Events: \$70

Three Events: \$100

Spectators \$3 (At the door only)

Concessions will be provided

Schedule:

Doors Open: 10:00 AM
Judges Meeting: 11:00 AM
Line-up Begins: 11:30 AM
Age 4-8 Kata/Spar: 12:00 PM
Age 9-12 Kata/Spar: 1:00 PM
Age 13-up Kata/Spar: 2:00 PM



Brian Pena's

DOJO
www.TheKarateDojo.com



SideKickKarateConcord.com

Rennie Isenhour's

Salisbury School of Karate



www.SideKickDojo.com

First Baptist Church
OF SALISBURY



www.edie.nerium.com

For more information call or text Edie at 704.202.6454

WEAPON KATA COMPETITION RULES

- Every weapon kata competitor receives a 4-foot trophy.
- All weapon kata will begin before empty-hand kata in the same ring for each age division (see lineup schedule).
- Each competitor will compete against a student nearest their age, rank, and ability.
- There will be no more than three competitors in each division.
- Unless otherwise requested, each weapon kata competitor will compete solo.
- Three judges will determine the winner (there can be a tie).
- Judges will score a kata based on rank of the competitor. For example, if a green belt performs a white belt kata, the green belt will be judged a lot sterner.
- Competitors may be asked to perform their kata more than once.

EMPTY-KATA COMPETITION RULES

- Every empty-hand kata competitor receives a 4-foot trophy.
- All empty-hand kata will begin before sparring in the same ring for each age division (see lineup schedule).
- Each competitor will compete against a student nearest their age, rank, and ability.
- There will be two (no more than three) competitors competing at the same time.
- Competitors should line up side-by-side with plenty of distance between them. If there are three competitors, they should line up in a triangle formation.
- Competitors will give their presentation one-at-a-time.
- Three judges will determine the winner (there can be a tie).
- Judges will score a kata based on rank of the competitor. For example, if a green belt performs a white belt kata, the green belt will be judged a lot sterner.
- Competitors may be asked to perform their kata more than once.

CONTINUOUS SPARRING RULES

- Every continuous sparring competitor receives a 4-foot trophy.
- All sparring will begin after kata in each age division (see lineup schedule).
- Each competitor will spar against a student nearest their age, rank, and ability.
- Each competitor will spar the same competitor three one-minute rounds (30-second rest between rounds) with a competitor nearest their size, rank, and ability. Ages 4-8 division will spar 45 second rounds (30 second rest between rounds).
- Three judges will determine the winner of each round (there can be a draw). The winner of the most rounds will win the match.
- The job of the center referee is to control the ring (not judge a winner).
- The center referee will break fighters apart and give penalty warnings, such as uncontrolled technique, hitting too hard, kicking below the belt, kicking to the back, or evading attack by running out of the ring or falling down.
- The center referee can penalize a fighter (loss of round) after giving one warning.
- The center referee can disqualify a fighter (loss of match) for showing disrespect.
- Light contact is allowed to the head and medium contact to the body. If the head is rocked back, a warning will be given. Contact cannot be with malicious intent.
- Foam rubber safety gear (hands & feet), headgear and mouthpiece are mandatory. Boxing gloves may be substituted for hand gear. No MMA gloves (fingers must be covered). Headgear with a face shield is highly recommended for younger or lower rank students. Groin cup and shin pads are also highly recommended.

SIDEKICK KARATE MISSION STATEMENT

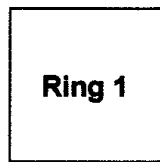
By Tournament Director Ricky Smith

The goal or objective of this tournament is for every competitor to have fun and showcase their martial art skills with other students compared to their respective belt ranks. It is our goal that each competitor, instructor, coach, and parent exemplifies good sportsmanship in a competitive atmosphere with a true and pure martial art spirit of great respect and humility. It is our prayer that each competitor realizes that the true battle is not comparing their physical ability to others, but overcoming their fears and building their confidence to help them succeed in life!

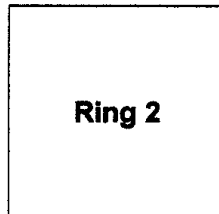
Competitor Division Lineups (Kata & Sparring):

Ages **4-8** at 12:00 PM • Ages **9-12** at 1:00 PM • Ages **13 & up** at 2:00 PM

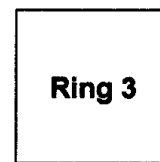
Bleachers



Bleachers



Bleachers



Front Entrance

Please pre-register before October 6th or add \$10 to total registration fee. Pre-registration will help you avoid standing in line to register on tournament day.

SideKick Karate Tournament Registration Form

Thank you for pre-registering.

Name _____ Age as of Oct. 14 _____ M/F _____

Belt Color _____ Instructor _____

Phone in case of emergency _____

Please circle event(s) with the amount you are registering: (Only circle one)

Sparring Only: \$40 • Empty-hand Kata Only: \$40 • Weapon Kata Only: \$40

Sparring & Empty-hand Kata: \$70 • Sparring & Weapon Kata: \$70

Empty-hand & Weapon Kata: \$70 • Sparring, Empty-hand & Weapon Kata: \$100

Please read carefully before signing:

I hereby do agree to waive all claims against SideKick Karate of Salisbury and/or First Baptist Church of Salisbury and its instructors or its agents for any injuries I might sustain. I understand that the nature of this event does not preclude injury and I agree to assume full responsibility for any injuries that I might sustain as a participant of this tournament. I hereby state that as of October 14, 2017, I have proof of full insurance coverage for any type of medical expense that I might sustain as a result of this tournament activity.

Signature _____ Date _____

(Parent or legal guardian if under 18 years old)



Directions from I-85:

- Exit 76 Salisbury (Innes Street) west toward downtown Salisbury
- Go through several stoplight intersections including Main Street (1.1 miles)
- Three blocks past main street (downtown square) turn right at Fulton Street stoplight
- First Baptist Church is on the right, tournament is across the street in the FMC building

Tournament Address:
 First Baptist Church Family Ministry Center Building
 220 North Fulton Street
 Salisbury, North Carolina 28144

Mailing Address:



P.O. Box 922
 China Grove, North Carolina 28023