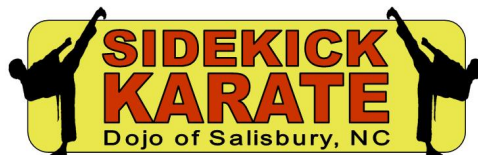


Hanshi Jerry Piddington's 2020 TOMOE WARRIOR TEST



Saturday, January 18, 2020



Tomoe Warrior Victory Celebration

Monday, January 20, 2020

(At the end of each class)

Recognition & Tomoe Certificates

Tomoe Patches and Hanshi's Special Tomoe Patch will be awarded on test day.



HANSHI JERRY PIDDINGTON'S TOMOE WARRIOR TEST

Saturday, January 18, 2020
SideKick Karate of Salisbury, NC

Events:

Bronze Tomoe: (1-4 Kata)
Silver/Siver Diamond Tomoe: (5-9 Kata)
Gold Tomoe: (10+ Kata)
Black Belt Gold Tomoe: (5+ Black Belt Kata)
Gold Diamond Tomoe: (17+ Kata)

Time:

10:00 a.m. - 12:00 noon
12:00 noon - 2:00 p.m.
2:00 p.m. - 4:00 p.m.
4:00 p.m. - 5:00 p.m.
5:00 p.m. - 7:00 p.m.

The Tomoe Warrior Test gives every student, no matter what rank, an opportunity to demonstrate their kata for Grandmaster Piddington. It is an honor to perform kata for the originator of the very kata you are performing. To grasp the concept of a true Tomoe Warrior Spirit, please review Tomoe Warrior Requirements in the American Open Karate System Manual or visit SideKickDojo.com and click on Events and Tomoe Warrior for an updated list of requirements.

American Karate Academies National Association (AKANA) was founded by Grandmaster Piddington. AKANA is the organization that endorses this event and acknowledges rank for our system of study. Please wear your AKANA patch proudly for Grandmaster Piddington during this elite AKANA Tomoe Warrior Test.

Kata Art Forms of the American Open Karate System:

Please mark the kata that you are performing. If you are not sure which kata to mark, consult with an instructor.

<input type="checkbox"/> Left Pivot Form	<input type="checkbox"/> Naihanchi Sho	<input type="checkbox"/> Nan Dan Sho
<input type="checkbox"/> Right Pivot Form	<input type="checkbox"/> Sanchin	<input type="checkbox"/> Five Animal Form
<input type="checkbox"/> H-Pattern I	<input type="checkbox"/> Bassai Dai	<input type="checkbox"/> Empi
<input type="checkbox"/> H-Pattern II	<input type="checkbox"/> White Crane (1, 2, & 3)	<input type="checkbox"/> Unsu
<input type="checkbox"/> H-Pattern III	<input type="checkbox"/> O'Naihanchi (1, 2, & 3)	<input type="checkbox"/> Hot like the Sun
<input type="checkbox"/> Lion Form	<input type="checkbox"/> Go Pei Sho	<input type="checkbox"/> Cool like the Moon
<input type="checkbox"/> Swift Like the Deer	<input type="checkbox"/> Dan Enn Sho	<input type="checkbox"/> Other _____

Rules:

- Please read Tomoe Warrior Page on SideKickDojo.com for a complete list of requirements for the Tomoe Warrior Test.
- If you are performing Seventeen Kata Tomoe, Left & Right Pivot Form count as one kata and all three Naihanchi Kata are performed as O'Naihanchi which also counts as one kata.
- Three minor mistakes equal one major mistake. Minor mistakes include things such as a weak stance (bouncing), incorrect foot alignment, improper body alignment, incorrect hand or foot form, weak (hikite) chamber, loss of directing the gaze (focus), lack of power, lack of body timing (kime), improper breathing, improper rhythm, too slow, too fast, etc.
- Major mistakes include things such as a wrong movement, a long hesitation, forgetting to Kiai, not naming your kata before and after, not completing a salutation before and after, getting upset, etc.
- Look sharp, be prepared, have confidence, believe in yourself, if you make a mistake - do not focus on it, forget it and move forward (Kaizen).

TOMOE WARRIOR TEST APPLICATION FORM

AKANA Membership Patch

(Must have AKANA patch on uniform for test)

\$15 (add \$10 for AKANA membership certificate) \$ _____

Bronze Tomoe

1-2 Kata (10:00 a.m. - 12:00 Noon)

\$25 (includes yin/yang patch and certificate) \$ _____

Silver Tomoe

5-7 Kata (12:00 Noon - 2:00 p.m.)

\$45 (includes silver tomoe patch and certificate) \$ _____

Silver Diamond Tomoe

7-9 Kata (12:00 Noon - 2:00 p.m.)

\$65 (includes silver tomoe patch and certificate) \$ _____

Gold Tomoe

10+ Kata (2:00 p.m. - 4:00 p.m.)

\$95 (includes gold tomoe patch and certificate) \$ _____

Black Belt Tomoe

5+ Black Belt Kata (4:00 p.m. - 5:00 p.m.)

\$65 (includes black belt silver tomoe patch and certificate) \$ _____

Gold Diamond Tomoe

17+ Kata (5:00 p.m. - 7:00 p.m.)

\$195 (includes 17 kata tomoe patch and certificate) \$ _____

Total \$ _____

WAIVER OF LIABILITY

Name _____

Age as of January 18, 2020 _____ M/F _____ Phone _____

Belt Color/Rank _____

Please read carefully before signing

I do hereby agree to waive all claims against SideKick Karate LLC, its instructors, or its agents for any injuries that I might sustain. I understand that the nature of this event does not preclude injury and I agree to assume full responsibility for any injuries that I might sustain as a participant of this karate event or test. I hereby state that as of January 18, 2020, I accept full responsibility for any medical expense that I might incur during this martial arts event or test at the location of 520 South Main Street, 28144, Salisbury, NC.

Signature _____ Date _____

(Parent or Legal Guardian if under 18)