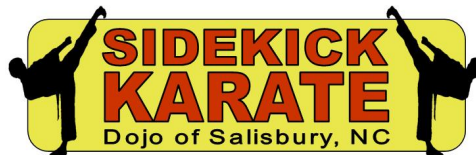


Hanshi Jerry Piddington's 2022 TOMOE WARRIOR TEST



Monday, March 28, 2022



American Open Karate Tomoe patch, Hanshi Piddington's Tomoe patch, along with a Tomoe Warrior Certificate signed by Hanshi Piddington, will be awarded.



HANSHI JERRY PIDDINGTON'S TOMOE WARRIOR TEST

Monday, March 28, 2022
SideKick Karate of Salisbury, NC

Events:

Bronze Tomoe: (2 Kata)
Silver/Siver Diamond Tomoe: (5 & 7 Kata)
Gold Tomoe: (10 Kata)
Black Belt Gold Tomoe: (5 Black Belt Kata)
Gold Diamond Tomoe: (17 Kata)

Time:

5:30 p.m. - 6:00 p.m.
6:00 p.m. - 7:00 p.m.
6:00 p.m. - 7:00 p.m.
7:30 p.m. - 8:30 p.m.
7:30 p.m. - 8:30 p.m.

The Tomoe Warrior Test gives every student, no matter what rank, an opportunity to demonstrate their kata for Grandmaster Piddington. It is an honor to perform kata for the originator of the very kata you are performing. To grasp the concept of a true Tomoe Warrior Spirit, please review Tomoe Warrior Requirements in the American Open Karate System Manual or visit SideKickDojo.com and click on Events and Tomoe Warrior for an updated list of requirements.

American Karate Academies National Association (AKANA) was founded by Grandmaster Piddington. AKANA is the organization that endorses this event and acknowledges rank for our system of study. Please wear your AKANA patch proudly for Grandmaster Piddington during this elite AKANA Tomoe Warrior Test.

Kata Art Forms of the American Open Karate System:

Please mark the kata that you are performing. If you are not sure which kata to mark, consult with an instructor.

<input type="checkbox"/> Left Pivot Form	<input type="checkbox"/> Naihanchi Sho	<input type="checkbox"/> Nan Dan Sho
<input type="checkbox"/> Right Pivot Form	<input type="checkbox"/> Sanchin	<input type="checkbox"/> Five Animal Form
<input type="checkbox"/> H-Pattern I	<input type="checkbox"/> Bassai Dai	<input type="checkbox"/> Empi
<input type="checkbox"/> H-Pattern II	<input type="checkbox"/> White Crane (1, 2, or 3)	<input type="checkbox"/> Unsu
<input type="checkbox"/> H-Pattern III	<input type="checkbox"/> O'Naihanchi (1, 2, or 3)	<input type="checkbox"/> Hot like the Sun
<input type="checkbox"/> Lion Form	<input type="checkbox"/> Go Pei Sho	<input type="checkbox"/> Cool like the Moon
<input type="checkbox"/> Swift Like the Deer	<input type="checkbox"/> Dan Enn Sho	<input type="checkbox"/> Other _____

Rules:

- Please read Tomoe Warrior Page on SideKickDojo.com for a complete list of requirements for the Tomoe Warrior Test.
- If you are performing Seventeen Kata Tomoe, Left & Right Pivot Form count as one kata and all three Naihanchi Kata are performed as O'Naihanchi which also count as one kata.
- Three minor mistakes equal one major mistake. Minor mistakes include things such as a weak stance (bouncing), incorrect foot alignment, improper body alignment, incorrect hand or foot form, weak (hikite) chamber, loss of directing the gaze (focus), lack of power, lack of body timing (kime), improper breathing, improper rhythm, too slow, too fast, etc.
- Major mistakes include things such as a wrong movement, a long hesitation, forgetting to Kiai, not naming your kata before and after, not completing a salutation before and after, getting upset, etc.
- Look sharp, be prepared, have confidence, believe in yourself, if you make a mistake - do not focus on it, forget it and move forward (Kaizen).

TOMOE WARRIOR TEST APPLICATION FORM

AKANA Membership

(Must have AKANA patch on uniform to test)

\$30 (includes patch & AKANA membership certificate) \$ _____

Bronze Tomoe

1-2 Kata (5:30 p.m. - 6:00 p.m.)

\$30 (includes bronze tomoe patch, Hanshi's patch, & certificate) \$ _____

Silver Tomoe

5 Kata (6:00 p.m. - 7:00 p.m.)

\$50 (includes silver tomoe patch, Hanshi's patch, & certificate) \$ _____

Silver Diamond Tomoe

7 Kata (6:00 Noon - 7:00 p.m.)

\$70 (includes silver diamond tomoe patch, Hanshi's patch, & certificate) \$ _____

Gold Tomoe

10 Kata (6:00 p.m. - 7:00 p.m.)

\$100 (includes gold tomoe patch, Hanshi's patch, & certificate) \$ _____

Black Belt Tomoe

5 Black Belt Kata (7:30 p.m. - 8:30 p.m.)

\$50 (includes black belt gold tomoe patch, Hanshi's patch & certificate) \$ _____

Gold Diamond Tomoe

17+ Kata (7:30 p.m. - 8:30 p.m.)

\$170 (includes gold diamond tomoe patch, Hanshi's patch, & certificate) \$ _____

Total \$ _____

WAIVER OF LIABILITY

Name _____

Age as of March 28, 2022 _____ M/F _____ Phone _____

Belt Color/Rank _____

Please read carefully before signing

I do hereby agree to waive all claims against SideKick Karate LLC, its instructors, or its agents for any injuries that I might sustain. I understand that the nature of this event does not preclude injury and I agree to assume full responsibility for any injuries that I might sustain as a participant of this karate event or test. I hereby state that as of March 28, 2022, I accept full responsibility for any medical expense that I might incur during this martial arts event or test at the location of 520 South Main Street, 28144, Salisbury, NC.

Signature _____ Date _____

(Parent or Legal Guardian if under 18)

TOMOE WARRIOR TEST APPLICATION FORM

Name _____ Belt Color _____

Select the Tomoe you will perform (circle it) and check or list your kata.
(If already listed, the kata are mandatory for that test)

	Bronze Tomoe	Silver Tomoe	Silver Diamond	Gold Tomoe	Black Belt Gold Tomoe	Gold Diamond
					(List 5)	(List last 11)
1	Left Pivot	Left Pivot	Left Pivot	Left Pivot		Left/Right Pivot
2	Right Pivot	Right Pivot	Right Pivot	Right Pivot		H-Pattern 1
3		H-Pattern 1	H-Pattern 1	H-Pattern 1		H-Pattern 2
4		H-Pattern 2	H-Pattern 2	H-Pattern 2		H-Pattern 3
5		H-Pattern 3	H-Pattern 3	H-Pattern 3		Lion Form
6			Lion form	Lion Form		Deer Form
7			Deer Form	Deer Form		
8				Naihanchi Sho		
9				Sanchin		
10				Bassai		
11						
12						
13						
14						
15						
16						
17						

Student's Signature _____

Sensei Approval _____